

Earth Sciences  
Department



**Barcelona  
Supercomputing  
Center**  
*Centro Nacional de Supercomputación*

# Forecast Briefing

## February 2026

**Lluís Palma, Pep Cos, Paloma Trascasa**

Climate Services Team (CST)

Earth System Services (ESS)

Barcelona Supercomputing Center (BSC)

Thursday 19<sup>th</sup> Feb 2026

# Outline

- I. Recent state of the climate
- II. Subseasonal forecasts
- III. Seasonal forecasts
- IV. Decadal forecasts
- V. Discussion

# I. Recent state of the climate

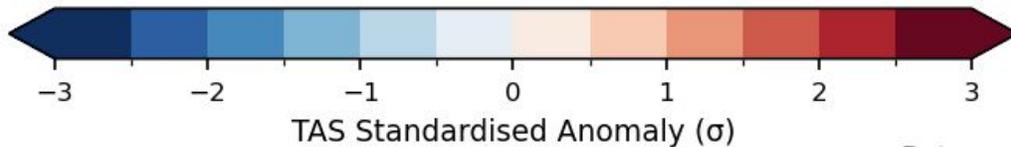
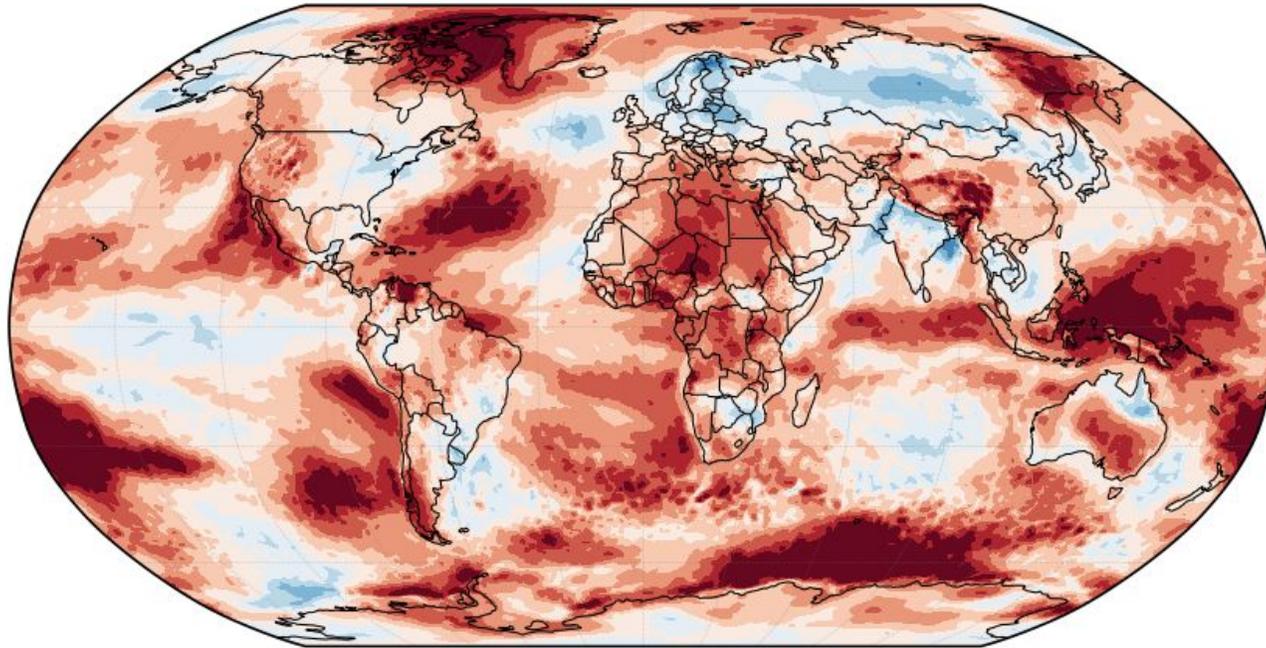
# I. Recent state of the climate

## Temperature



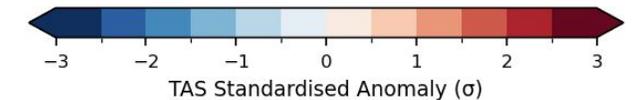
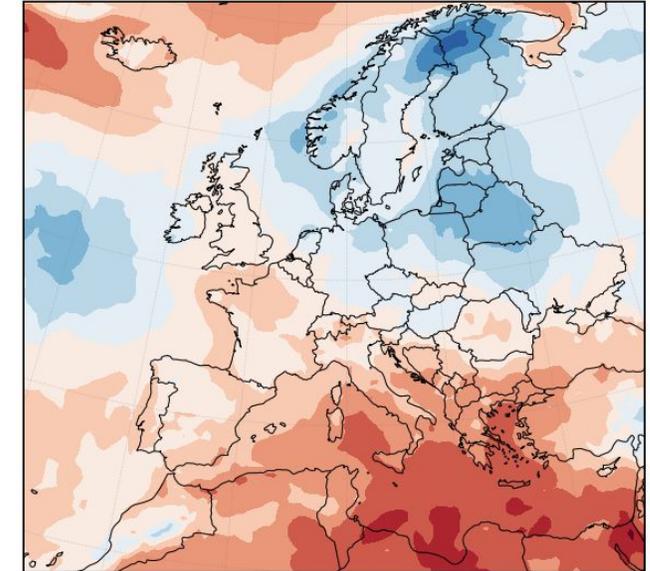
1.47°C above Jan 1850-1900 (ERA5)

**TAS Standardised Anomaly — January 2026**  
Ref: 1991-2020



Data source: ERA5

**TAS Standardised Anomaly — January 2026**  
Ref: 1991-2020



Data source: ERA5

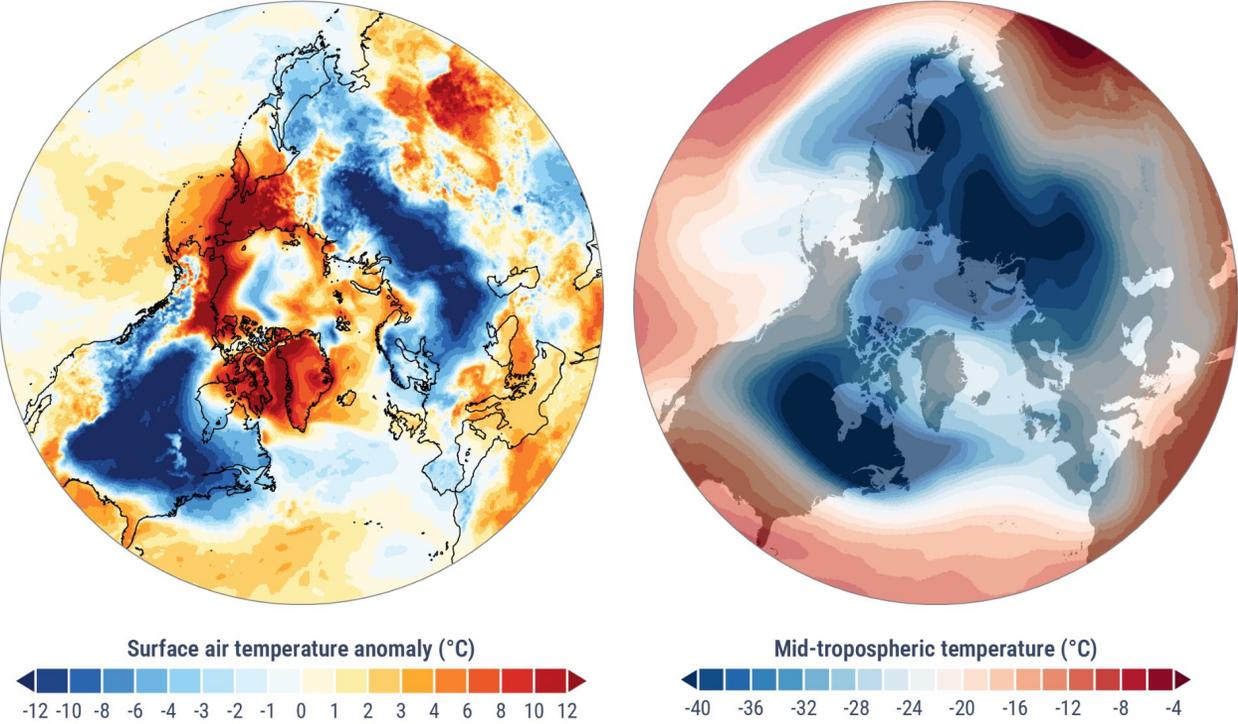
- Overall strong positive anomalies - 5<sup>th</sup> warmest January on record
- North-South Dipole in Europe. Wavier-than-usual polar jet stream allowed Arctic air into mid-latitudes -> coldest January in Europe since 2010
- Negative anomaly over Russia

# I. Recent state of the climate

## Temperature

### Wavy jet stream leads to extreme cold in North America, Europe, and Siberia

Temperature conditions across the northern hemisphere on 24 January 2026



Anomaly relative to 1991–2020 average for 24 January • Mid-tropospheric temperature shown for the 500 hPa level (about 5.5 km above sea level)

Data: ERA5 • Credit: C3S/ECMWF



PROGRAMME OF THE EUROPEAN UNION



IMPLEMENTED BY



Barcelona Supercomputing Center

Centro Nacional de Supercomputación

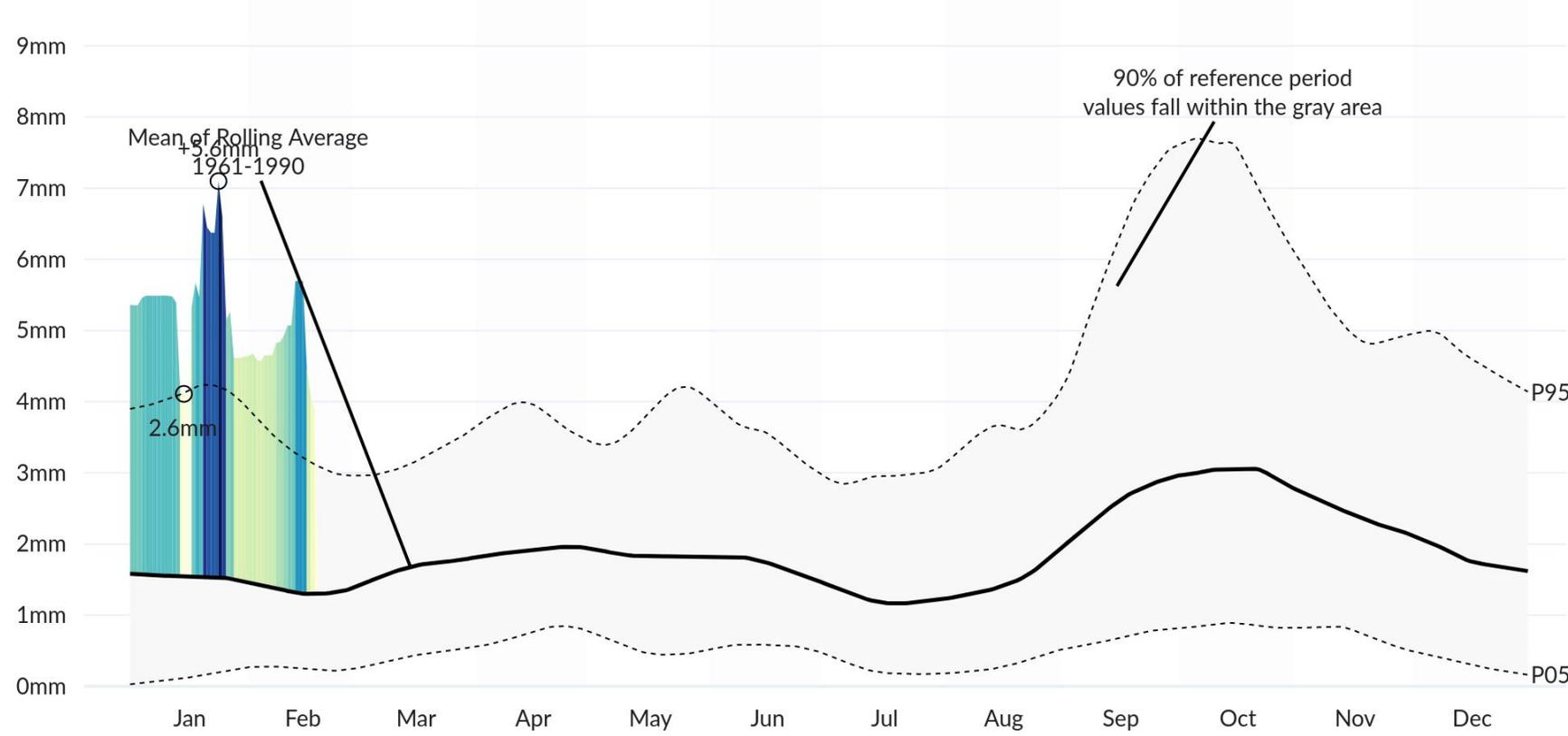
- Wavier jet led to cold air intrusions
  - Potential causes:
    - Changes in stratospheric dynamics
    - Weakened temperature gradient between the tropics and the pole.
- Potential but **still uncertain** impact of climate change.

# I. Recent state of the climate

## Barcelona

### Precipitation in Barcelona, Spain 2026

30-day Rolling Average compared to historical values (1961-1990)



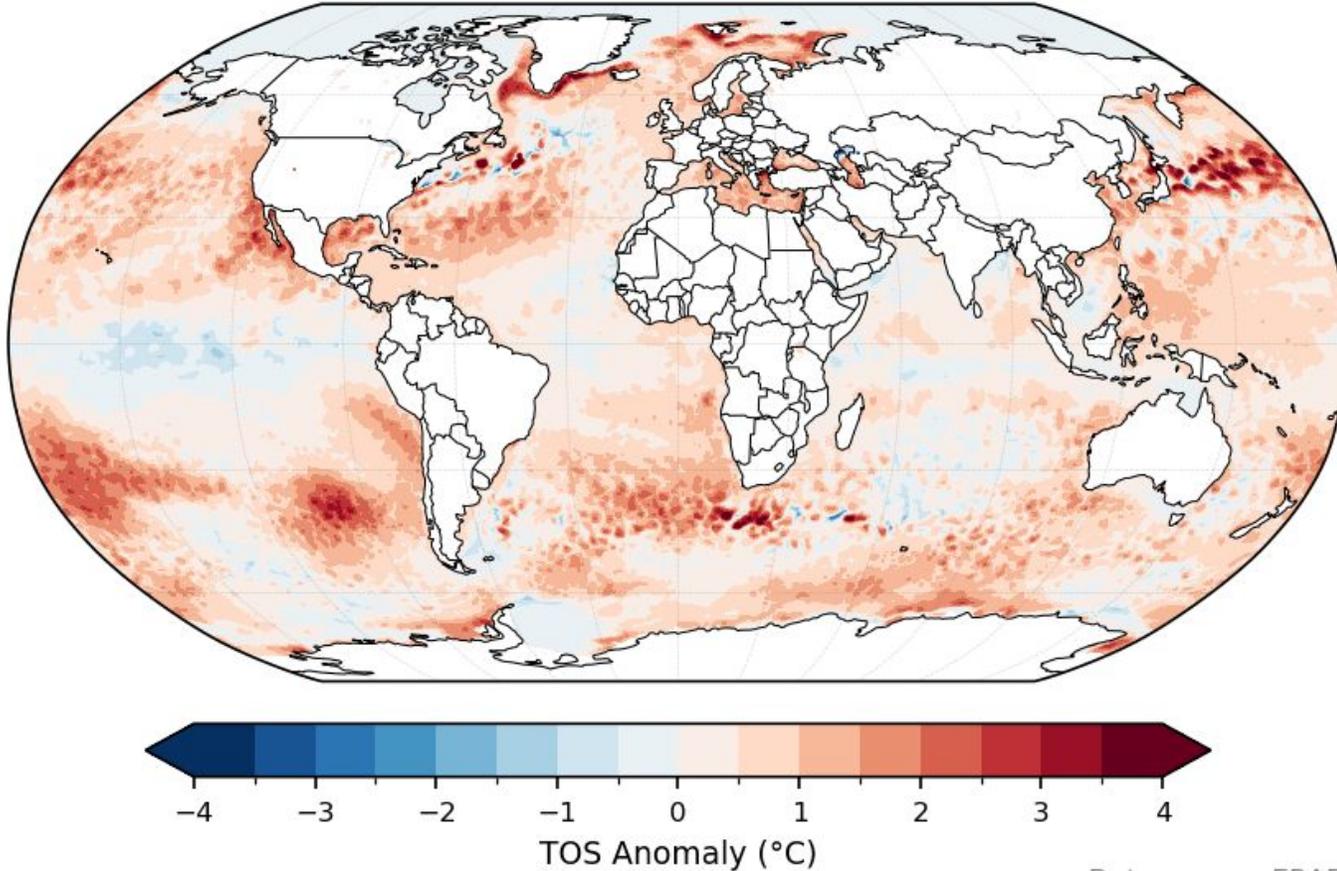
lat: 41.38258, lon: 2.177073 (last date included: 18 Feb 2026)

Data: open-meteo.com, OSM, License: CC by-sa-nc 4.0 Graph: Jan Kühn, <https://yotka.org>

# I. Recent state of the climate

## Sea surface temperature (SST)

**TOS Anomaly — January 2026**  
**Ref: 1991-2020**



Data source: ERA5

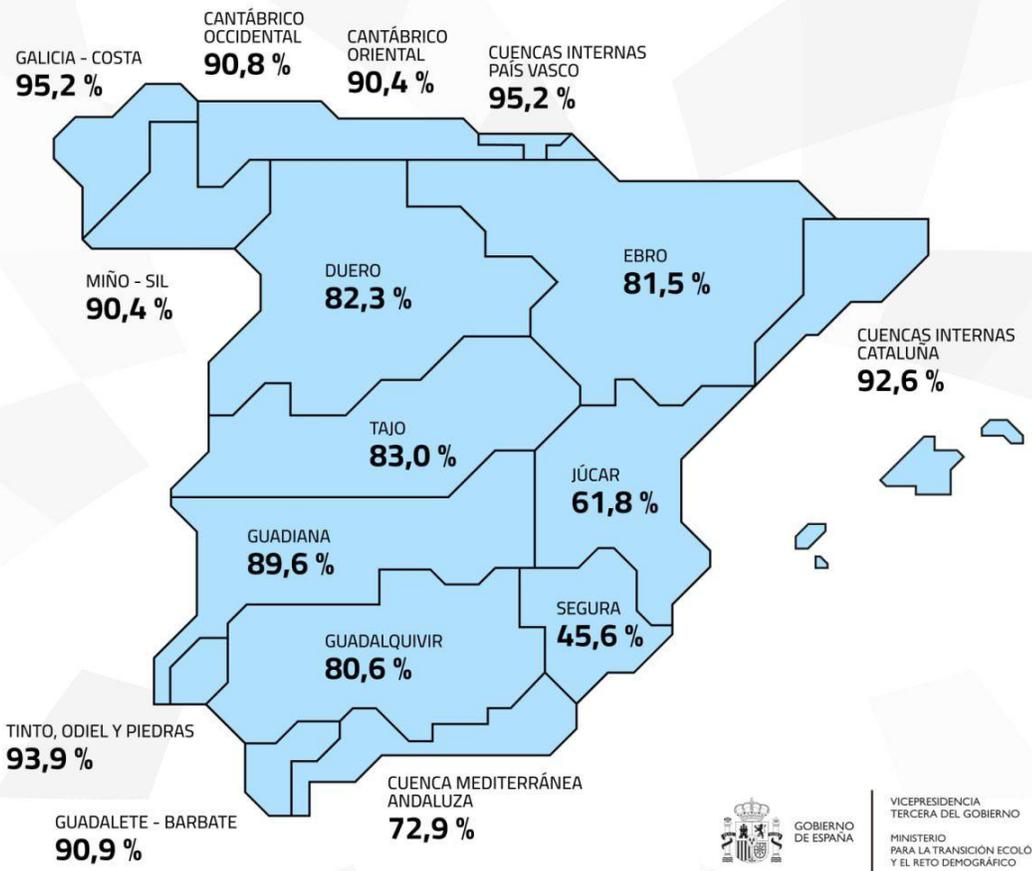
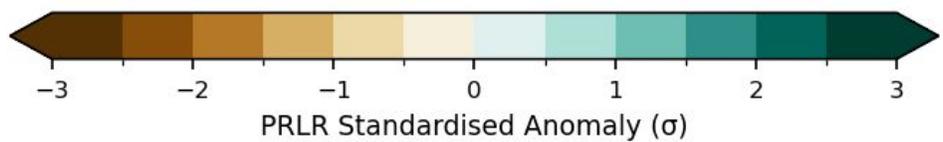
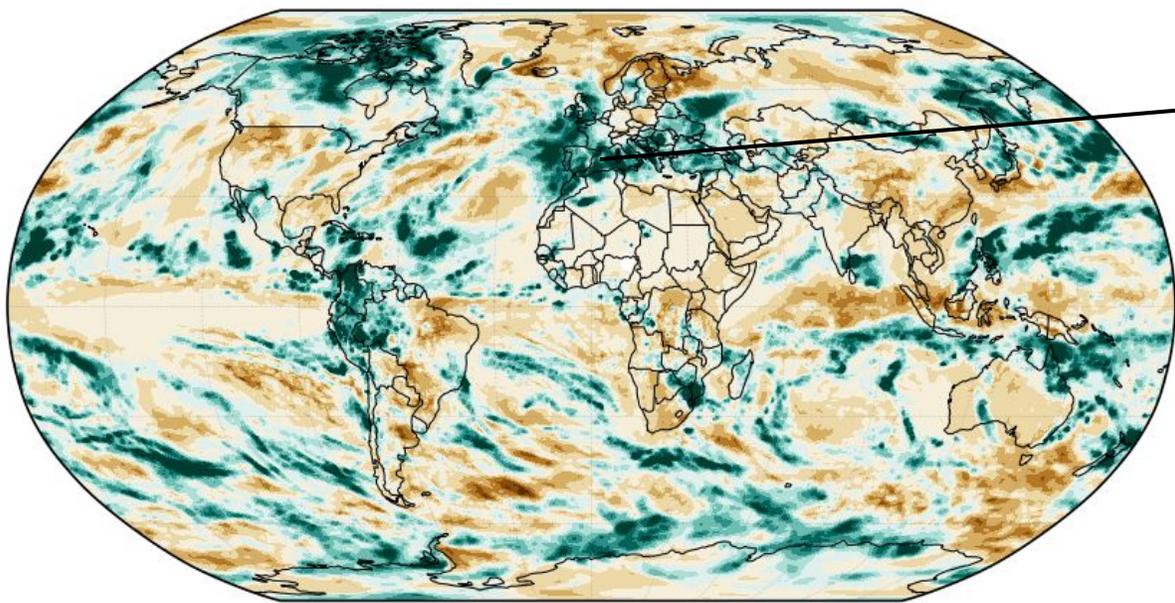
- SST between 60°S–60°N was 20.68C, 0.37C above the 1991-2020 average (4th highest on record for January).
- Are positive SSTs in the NW Atlantic responsible for higher amounts of precipitable water? **SPECULATION ALERT**
- Record breaking SST anomalies in TropAtl, Med, North Atlantic.
- Weak La Niña conditions

# I. Recent state of the climate

## Precipitation

# Reserva hídrica

**PRLR Standardised Anomaly — January 2026**  
**Ref: 1991-2020**



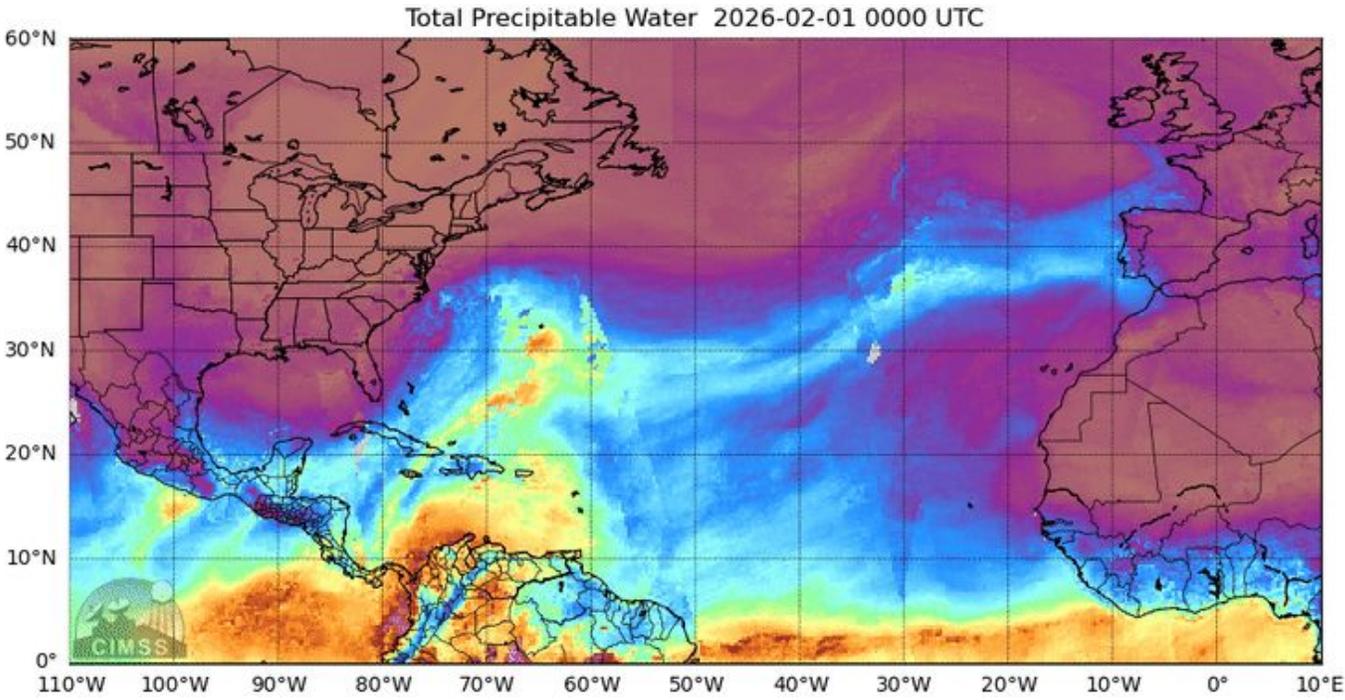
Data source: [unclear]


 GOBIERNO DE ESPAÑA  
 VICEPRESIDENCIA TERCERA DEL GOBIERNO  
 MINISTERIO PARA LA TRANSICIÓN ECOLÓGICA Y EL RETO DEMOGRÁFICO

➤ Spain saw the wettest January in 25 years. Records in Portugal, Northern Ireland, Cornwall. Storms Francis, Goretti, Harry, Kristin and Chandra.

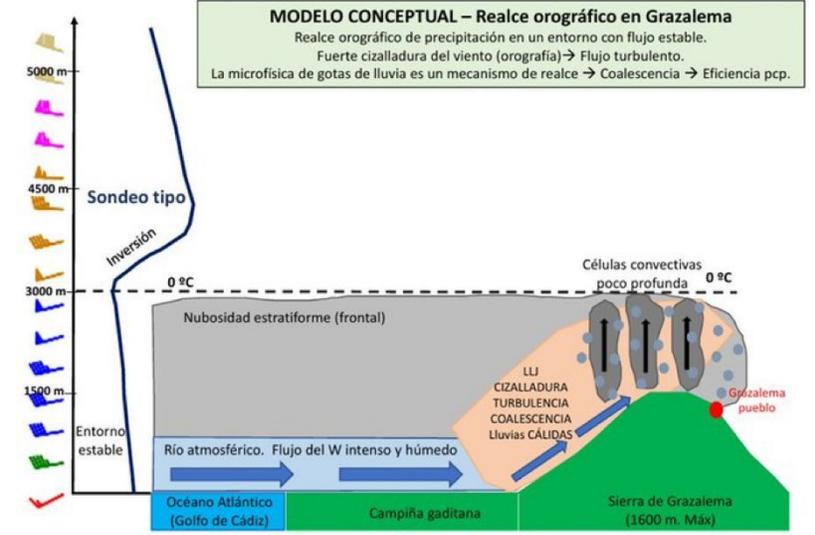
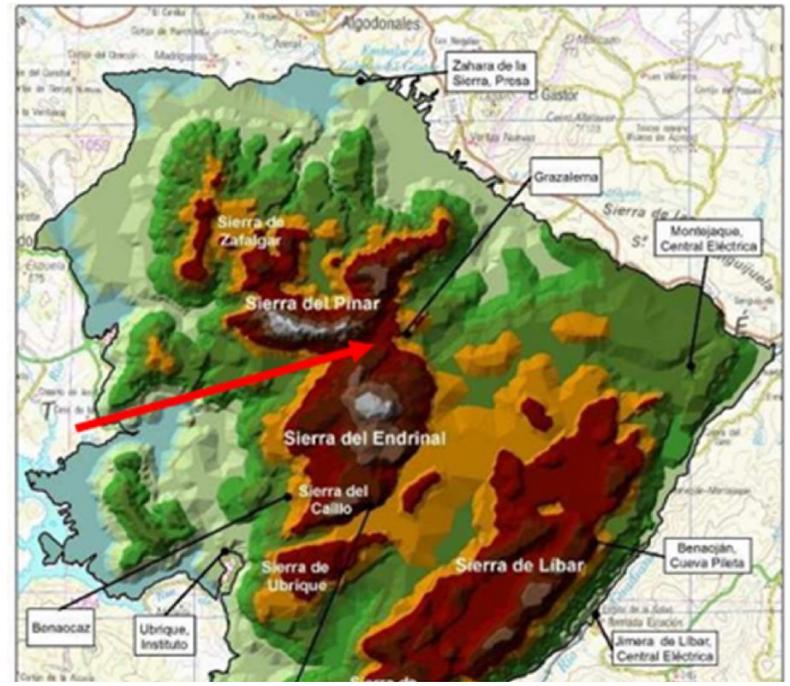
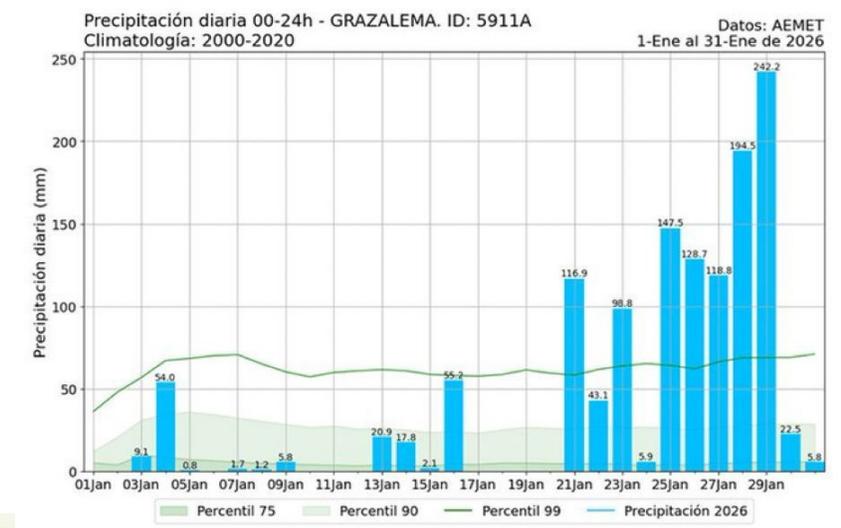
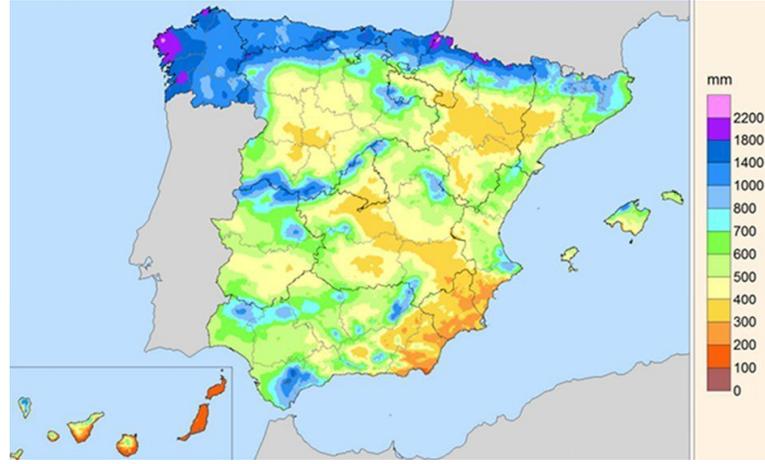
# I. Recent state of the climate

## Precipitation



# I. Recent state of the climate

## Precipitation



Plaza de España inundada (1963).

Source: AEMET

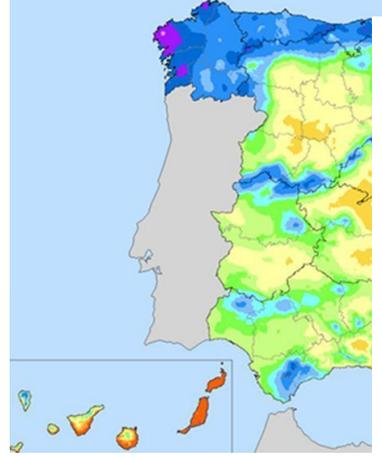
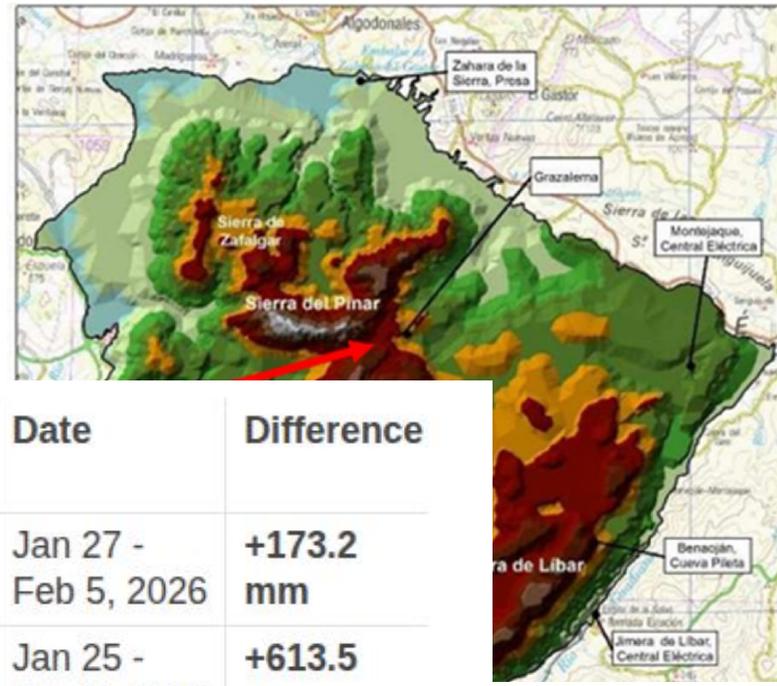
# I. Recent state of the climate

## Precipitation

**Precipitación media anual (1981-2010)**  
 Fuente: Atlas Climático de Aemet



**Precipitación diaria en Grazalema**  
 Autor: Manuel J. Cavero  
 Enero de 2026

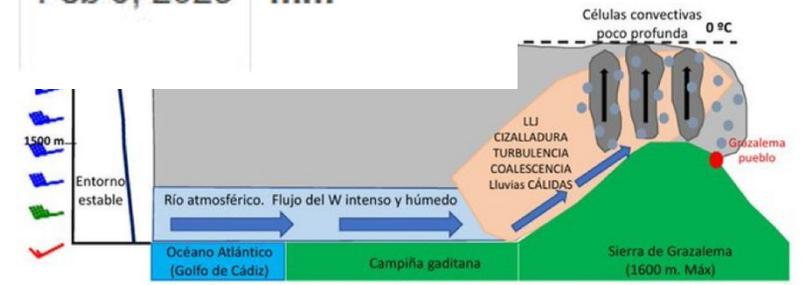



Period	Historical Record (AEMET)	Date	Location	Current Record	Date	Difference
10 days	1,273.6 mm	Dec 13-22, 1958	Grazalema	1,446.8 mm	Jan 27 - Feb 5, 2026	+173.2 mm
15 days	1,284.8 mm	Dec 9-23, 1958	Grazalema	1,898.3 mm <sup>1</sup>	Jan 25 - Feb 8, 2026	+613.5 mm
20 days	1,451.1 mm	Dec 3-23, 1958	Grazalema	2,340.9 mm <sup>2</sup>	Jan 21 - Feb 9, 2026	+889.8 mm
31 days	1,674.0 mm	Nov 18 - Dec 18, 1989	Cortes de la Frontera	2,436.9 mm <sup>3</sup>	Jan 10 - Feb 9, 2026	+762.9 mm

**Relieve orográfico en Grazalema**  
 en un entorno con flujo estable.  
 orografía) → Flujo turbulento.  
 de realce → Coalescencia → Eficiencia pcp.



Plaza de España inundada (1963).

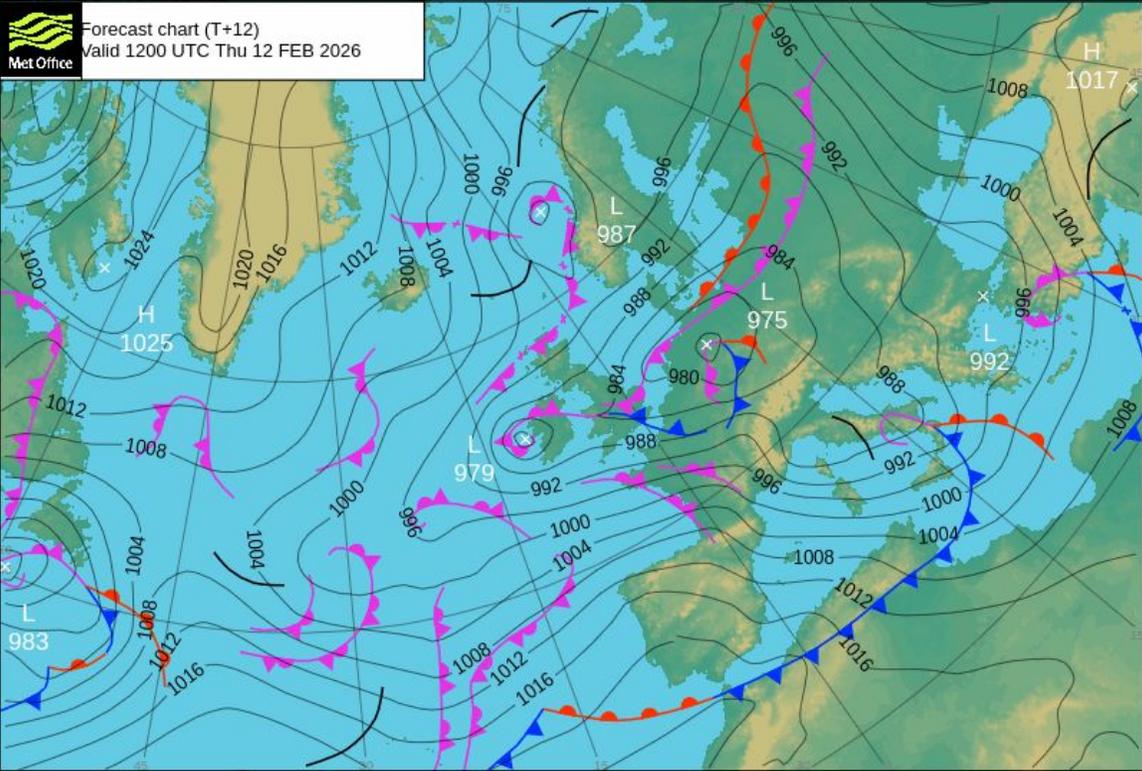


Source: AEMET

# I. Recent state of the climate

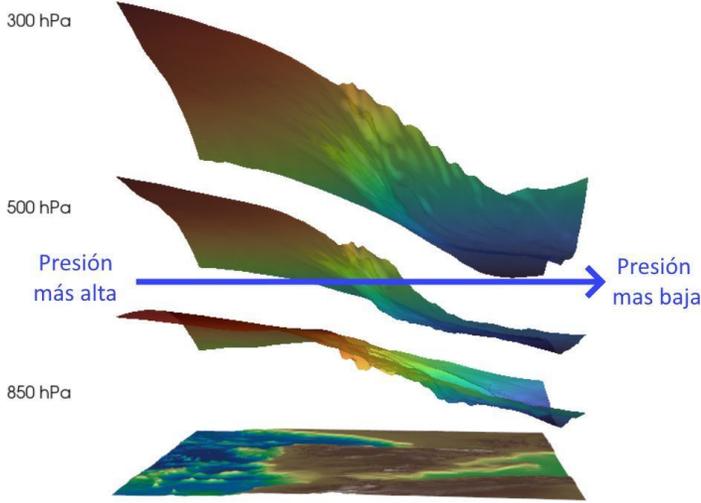
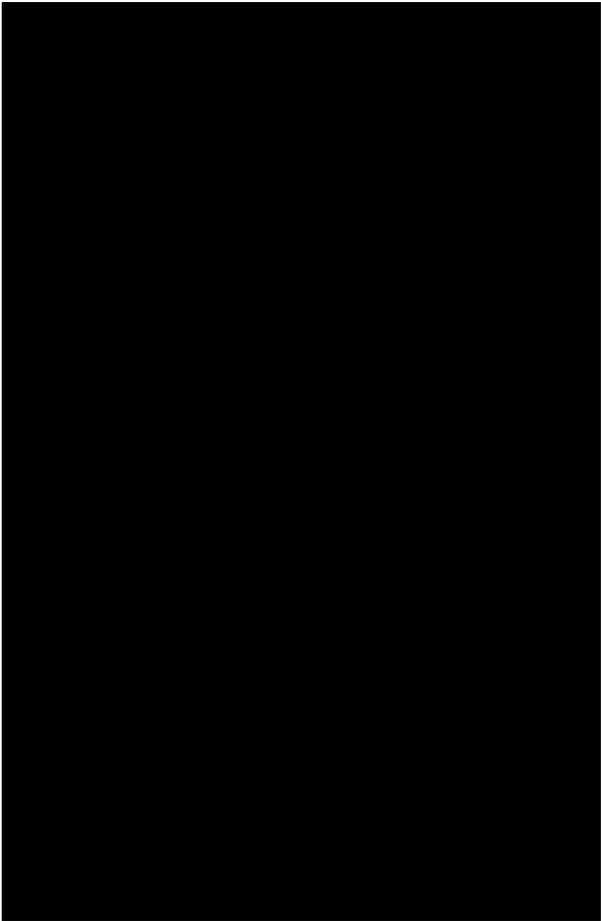
## Wind

- Strong wind gusts event in Catalonia and S. of France, 6/6 extreme weather warning and ES-Alert triggered.



**Avis de Protecció Civil** dc 18:20

Alerta per fortes ventades a tot Catalunya, eviteu desplaçaments innecessaris i activitats a l'exterior. Es suspenen activitats escolars, universitàries, esportives, serveis socials i sanitaris no urgents entre les 00:00h i les 20:00h de demà dijous dia 12 de febrer. Severe wind alert across all of Catalonia. Please avoid unnecessary travel and outdoor activities. School, university, and sports activities, as well as non-urgent social and healthcare services, are suspended between 12:00 a.m. and 8:00 p.m. tomorrow, Thursday, February 12.

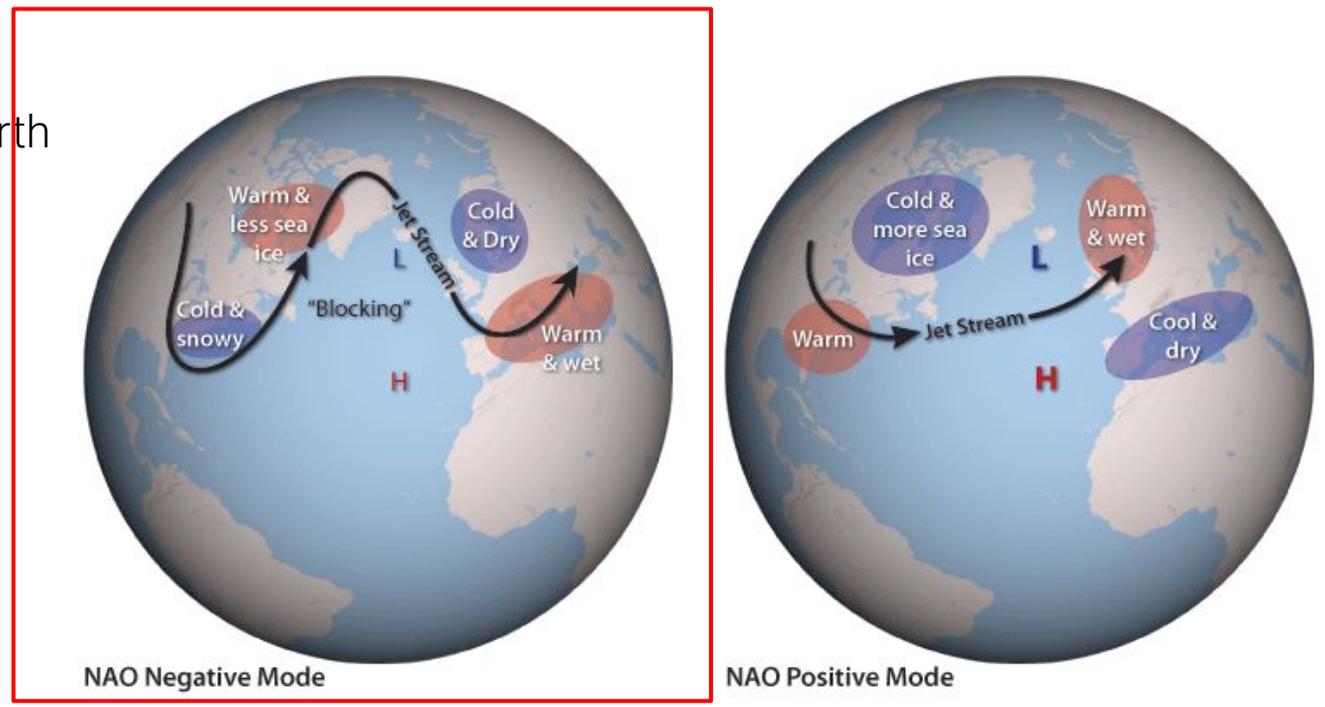
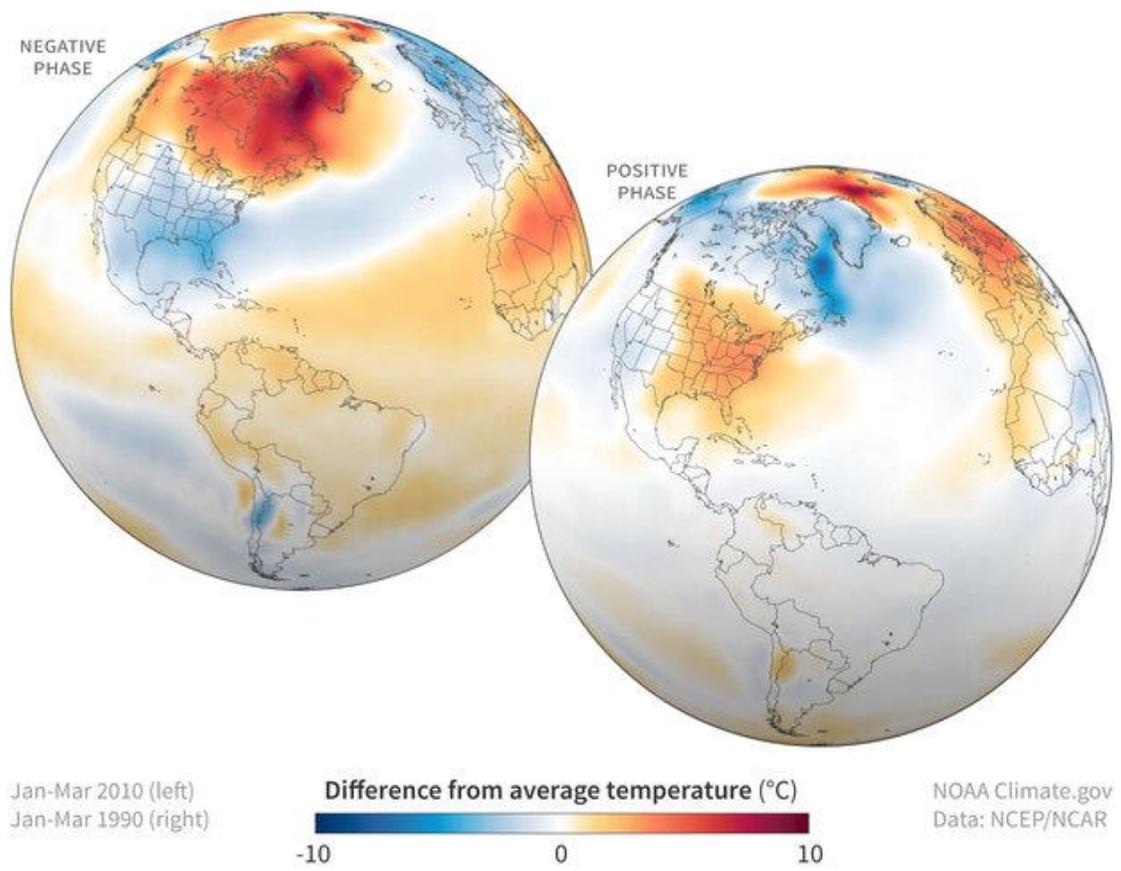


# I. Recent state of the climate

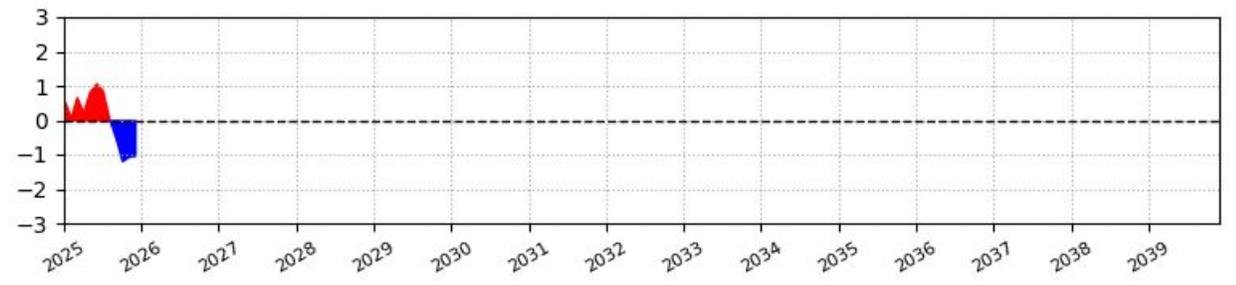
## North Atlantic Oscillation (NAO)

➤ The North Atlantic Oscillation (NAO) is the leading mode of large-scale atmospheric variability in the North Atlantic basin.

### NAO TEMPERATURE PATTERNS



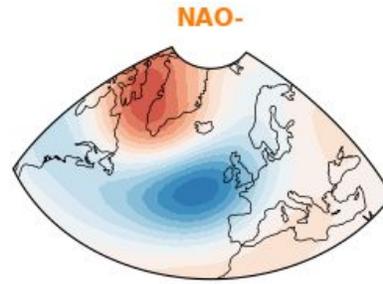
NAO index: Standardized 3-month Running Mean Index



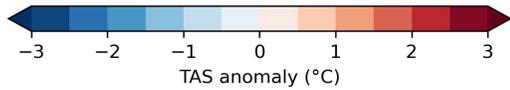
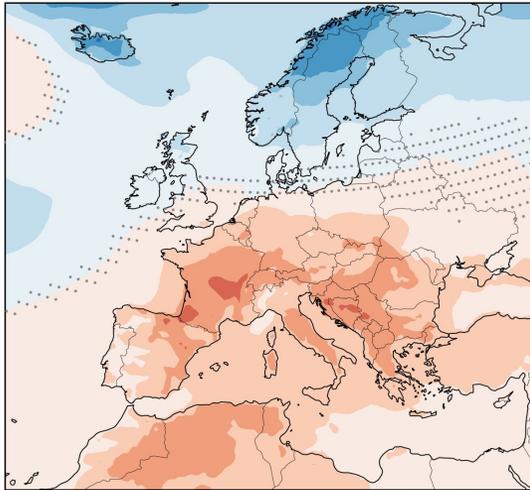
Source: [https://www.cpc.ncep.noaa.gov/data/teledoc/nao\\_ts.shtml](https://www.cpc.ncep.noaa.gov/data/teledoc/nao_ts.shtml)

## II. Subseasonal forecasts

## Composite of NAO- and surface climate

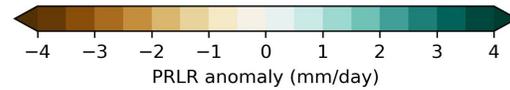
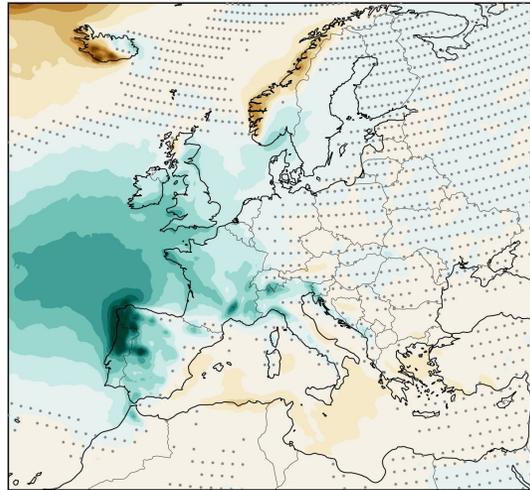


$\Delta$ TAS composite — NAO -  
ERA5 (1980-2008)



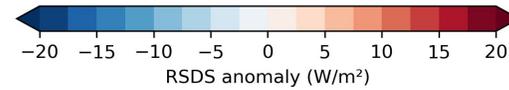
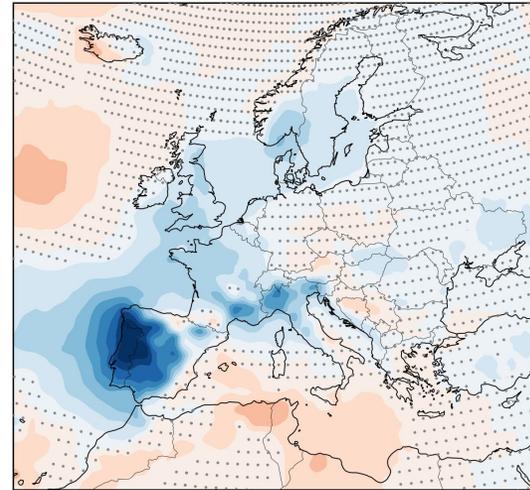
Temperature

$\Delta$ PRLR composite — NAO -  
ERA5 (1980-2008)



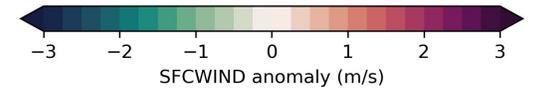
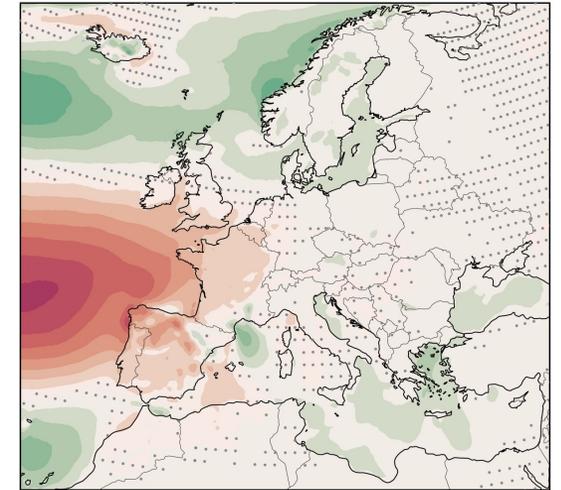
Precipitation

$\Delta$ RSDS composite — NAO -  
ERA5 (1980-2008)



Solar radiation

$\Delta$ SFCWIND composite — NAO -  
ERA5 (1980-2008)

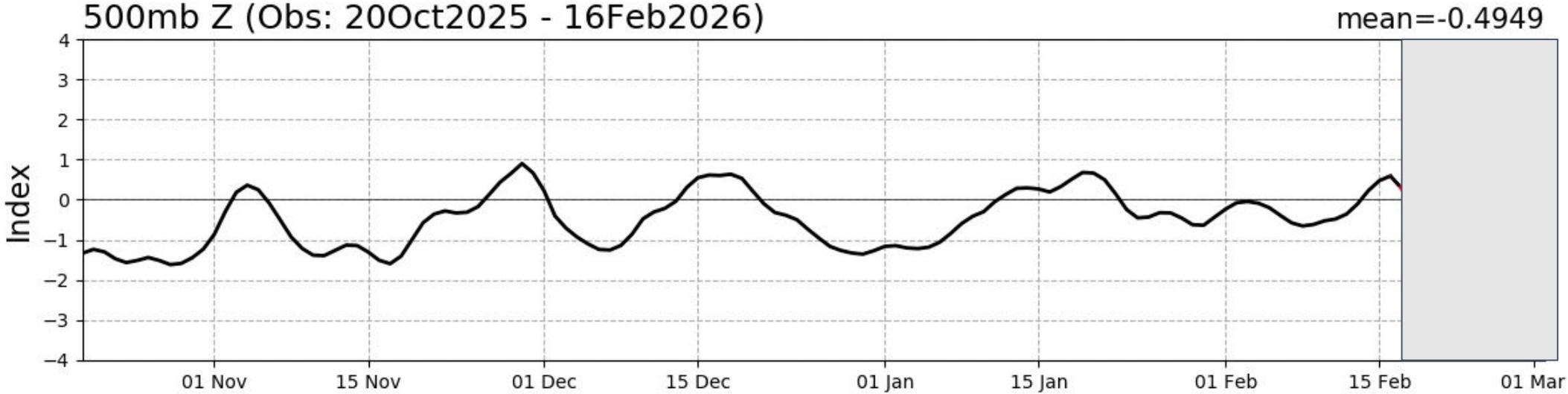


Surface wind

# I. Recent state of the climate

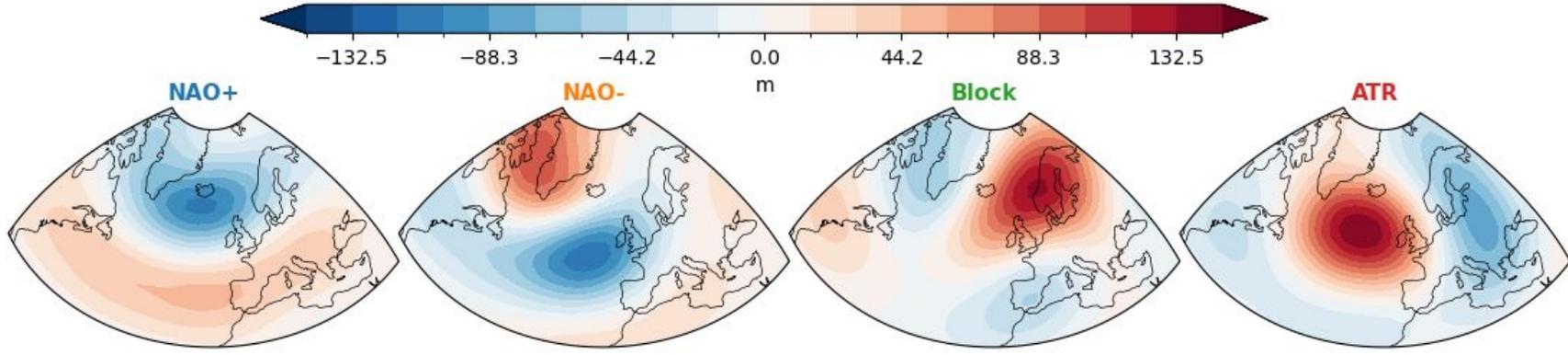
## North Atlantic Oscillation (NAO)

### NAO Index: Observed & GEFS Forecasts

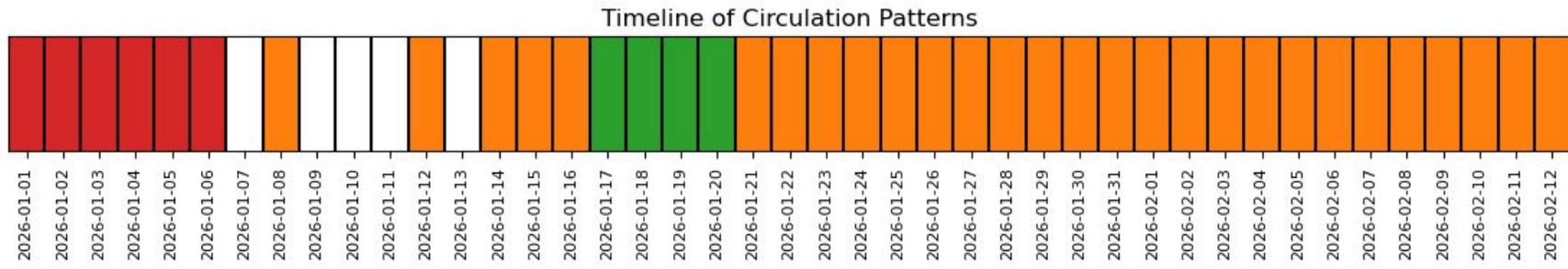


# I. Recent state of the climate

## European weather regimes



- Geopotential height anomaly composites at 500 hPa
- 1980 - 2008 ONDJFMA (k-means clustering)



- **Blocking:** Cold and dry anomalies in Northern Europe, Wet anomalies in Southwestern Europe. Onset through anticyclonic wave breaking over Europe in the upper troposphere (Michel et al., 2012).
- **NAO+:** Westerly winds predominate bringing mild, wet and stormy winter conditions to northern Europe and eastern USA while southern Europe is more likely to see cold, dry winter conditions.
- **NAO-:** (Generally weaker pressure differences) Spells of easterly winds bring cold dry and calm winters with fewer and weaker storms to northern Europe and eastern USA.
- **ATR:** NEurope: Drier and slightly milder due to being under the influence of ridging on the upstream side. SEurope: Can be wetter (particularly Iberia and western Med) due to enhanced storm tracks directed southward. Eastern Med may be less affected.

# Weather regimes



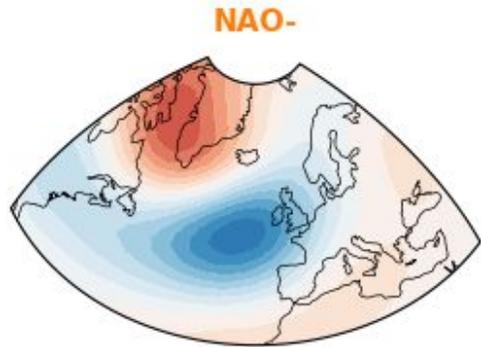
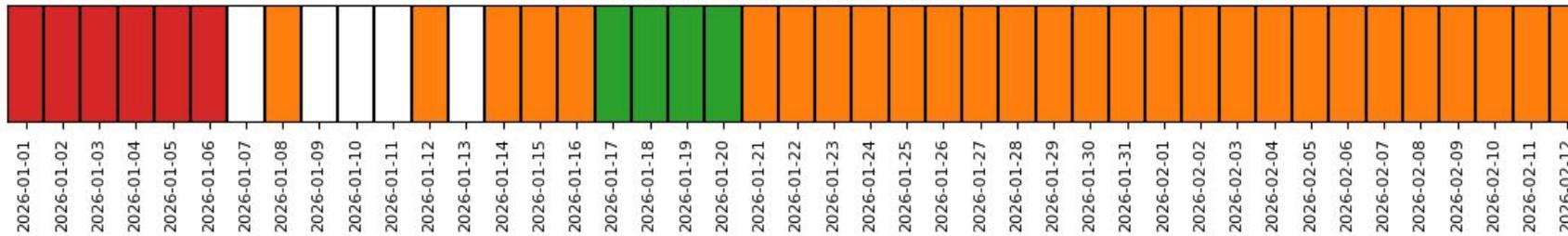
NAO+

NAO-

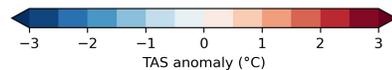
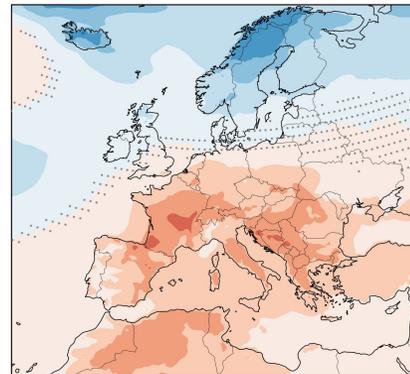
Block

ATR

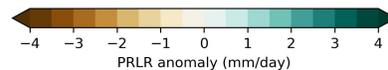
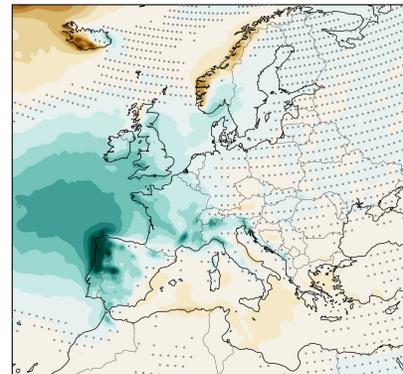
Timeline of Circulation Patterns



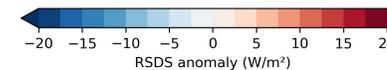
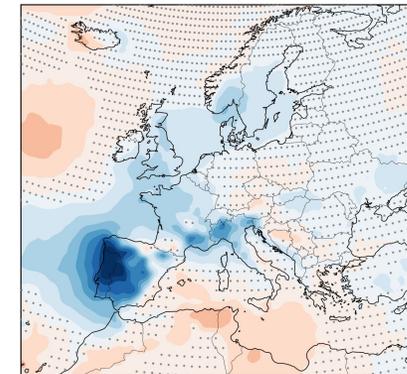
$\Delta$ TAS composite — NAO - ERA5 (1980-2008)



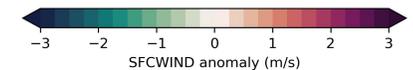
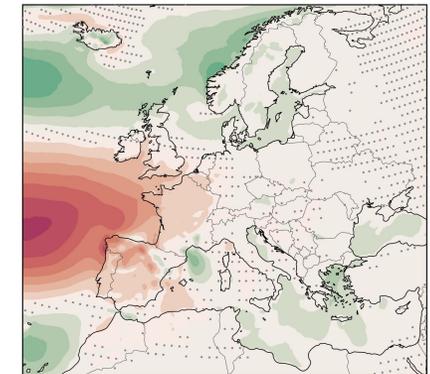
$\Delta$ PRLR composite — NAO - ERA5 (1980-2008)



$\Delta$ RSDS composite — NAO - ERA5 (1980-2008)



$\Delta$ SFCWIND composite — NAO - ERA5 (1980-2008)



Temperature



Precipitation



Solar radiation



Surface wind

A negative NAO is characterised by a **southward shift of the jet stream**, that brings positive wind and precipitation anomalies to western Europe, alongside milder temperatures and reduced incoming solar radiation.

# I. Recent state of the climate

## Stratospheric polar vortex (SPV)

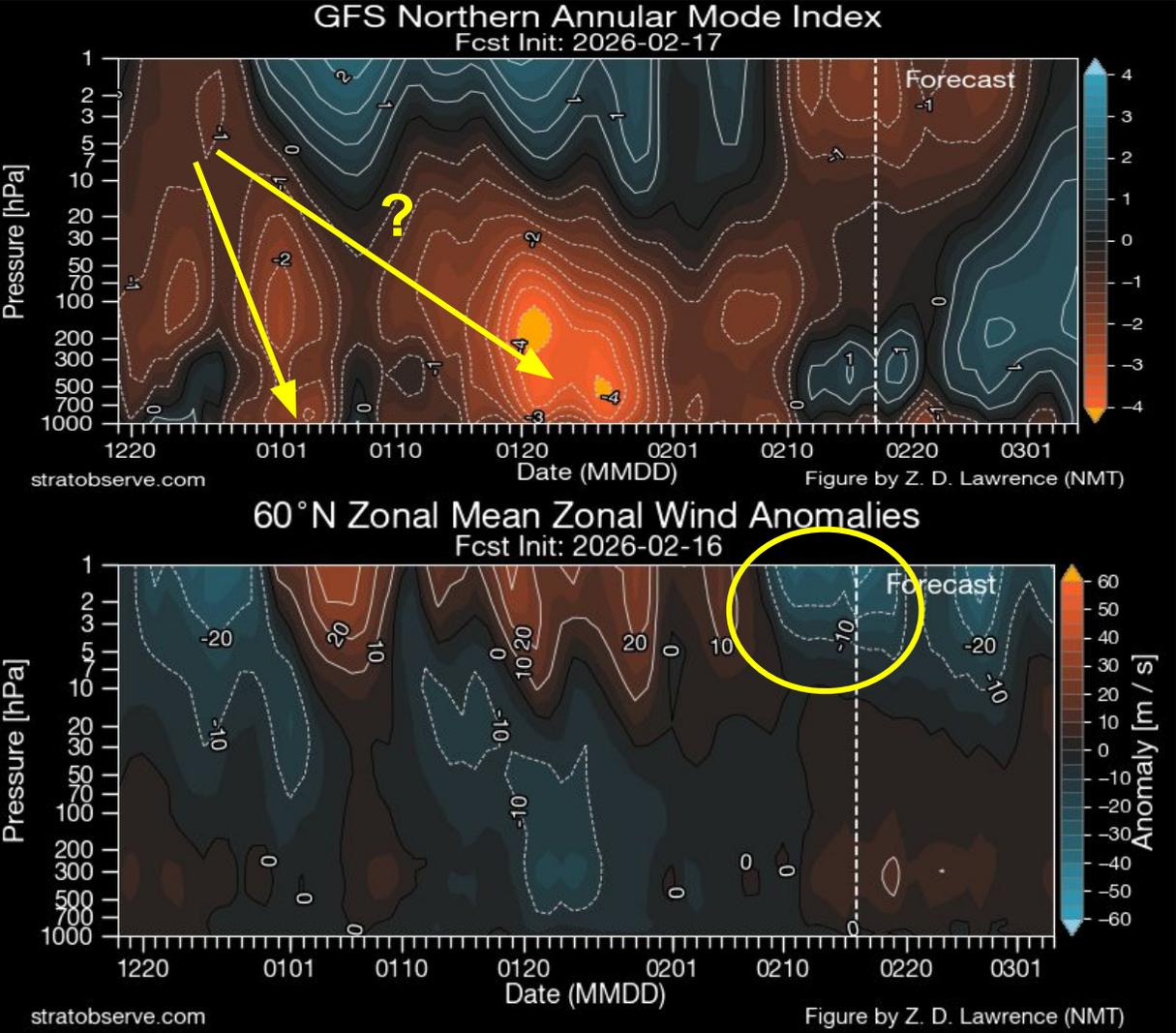
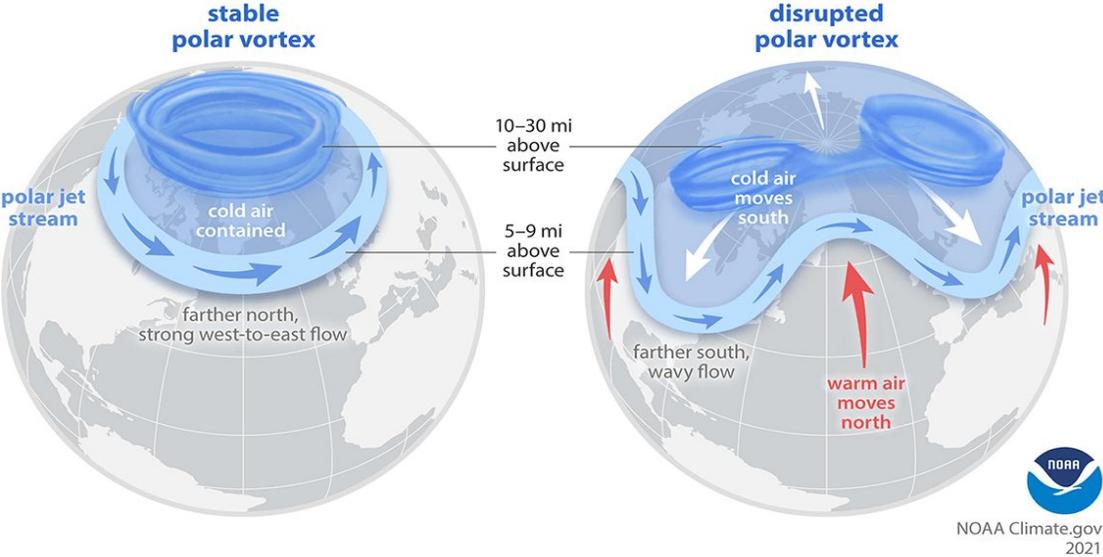
➤ Weakening of the PV at the end of last November did not have impacts at the surface.

### Understanding the polar vortex

The Arctic polar vortex is a strong band of winds in the stratosphere, surrounding the North Pole 10–30 miles above the surface.

The polar vortex is far above and typically does not interact with the polar jet stream, the flow of winds in the troposphere 5–9 miles above the surface. But when the polar vortex is especially strong and stable, the jet stream stays farther north and has fewer “kinks.” This keeps cold air contained over the Arctic and the mid-latitudes warmer than usual.

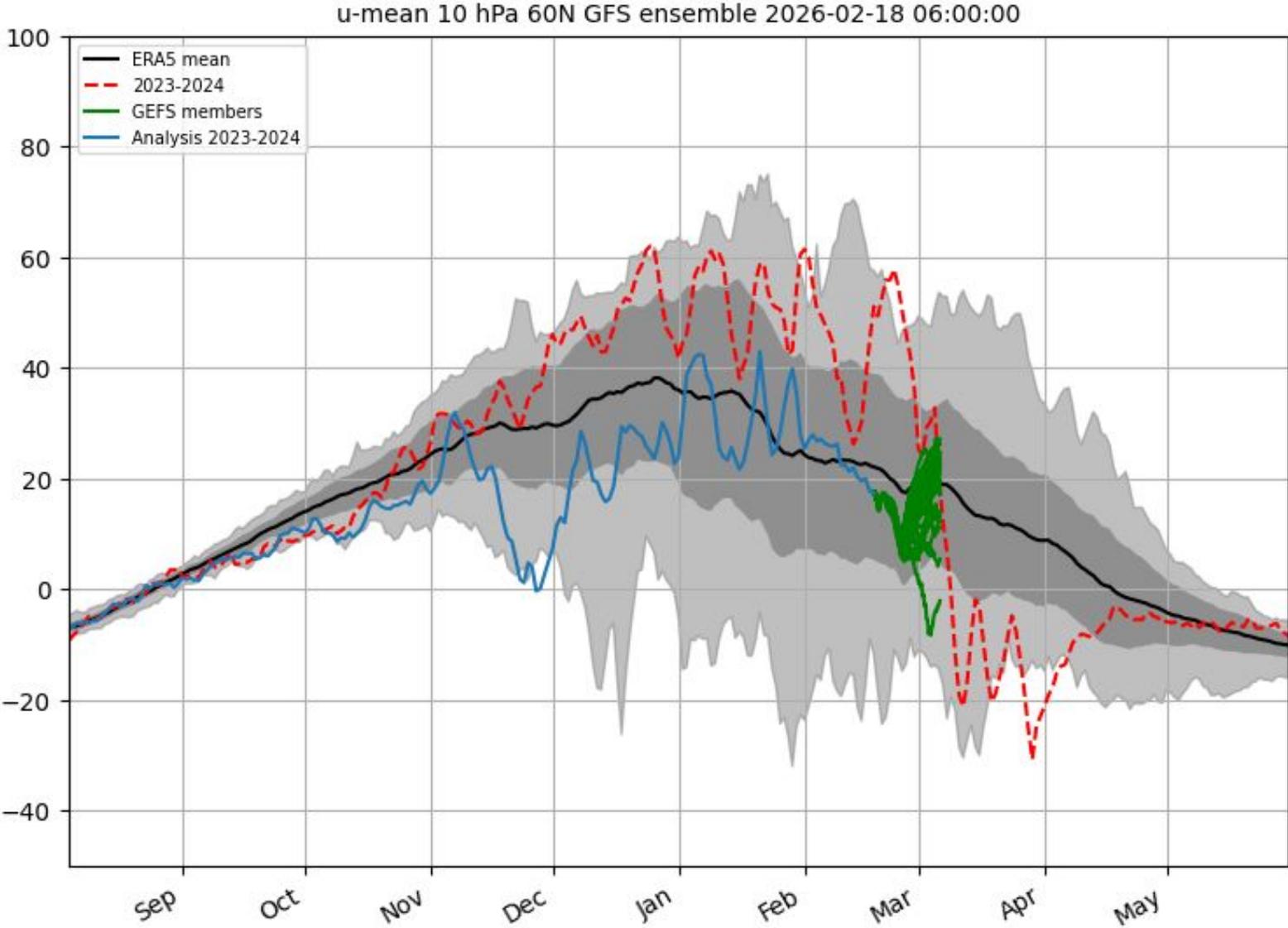
Every other year or so, the Arctic polar vortex dramatically weakens. The vortex can be pushed off the pole or split into two. Sometimes the polar jet stream mirrors this stratospheric upheaval, becoming weaker or wavy. At the surface, cold air is pushed southward to the mid-latitudes, and warm air is drawn up into the Arctic.



Source: [https://stratobserve.com/anom\\_ts\\_diags](https://stratobserve.com/anom_ts_diags)

# I. Recent state of the climate

## Stratospheric polar vortex

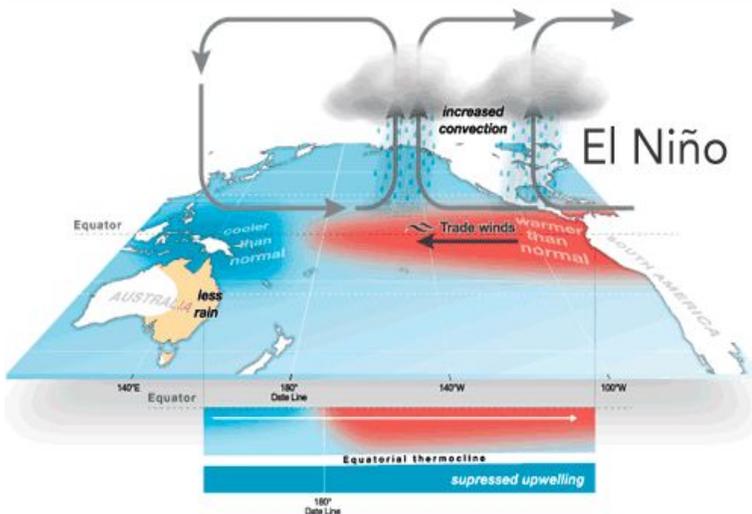
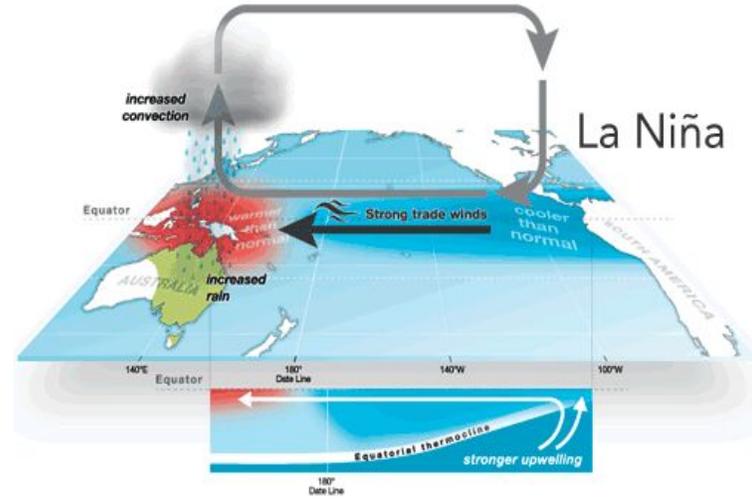
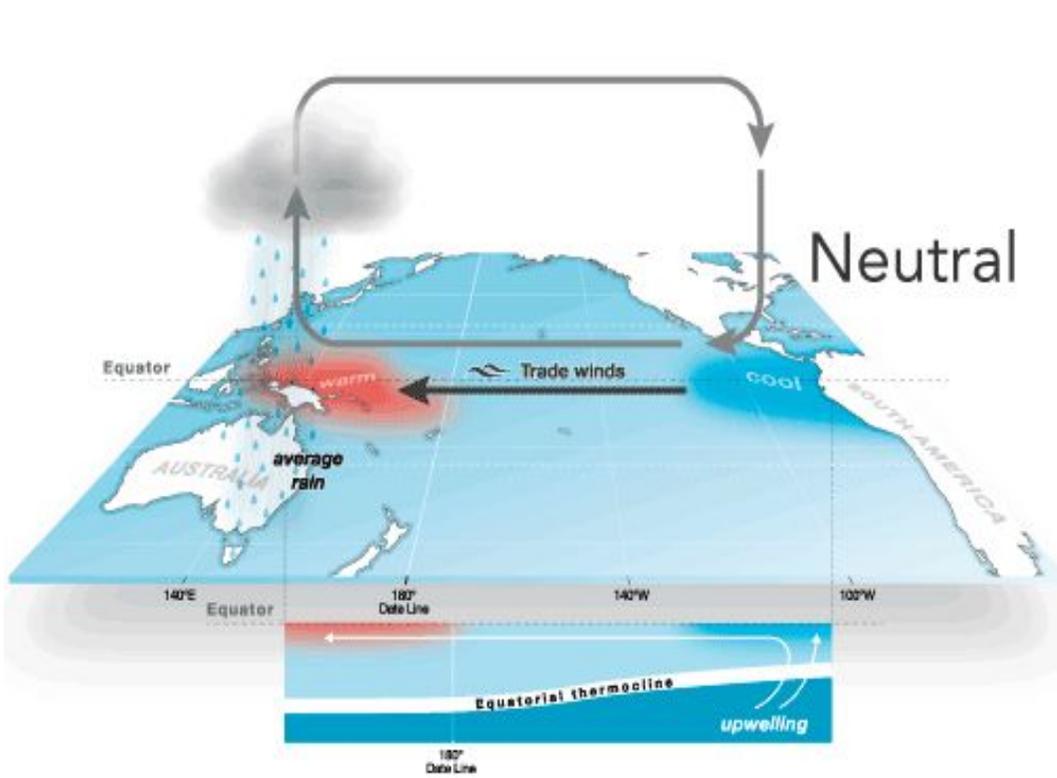


If SSW happens and reaches the surface, it will lead to NAO- like anomalies at the surface.

# I. Recent state of the climate

## El Niño-Southern Oscillation (ENSO)

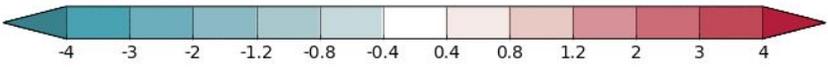
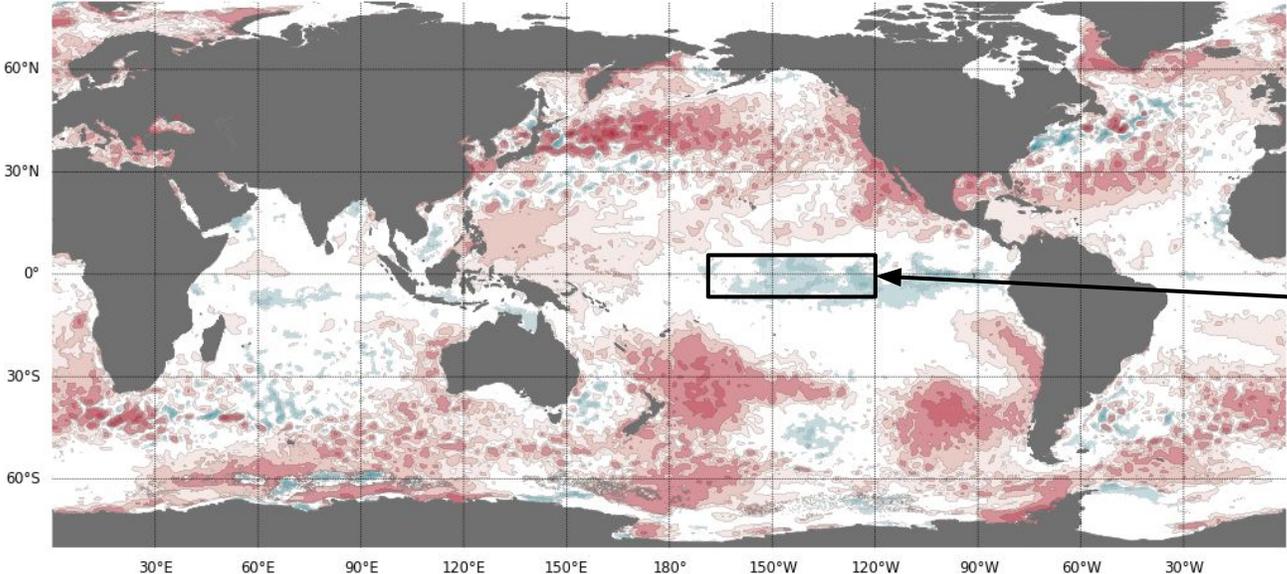
➤ ENSO is the leading mode of natural variability at seasonal to interannual (S2I) time scales and is considered as an internally occurring coupled ocean-atmosphere phenomenon.



# I. Recent state of the climate

## El Niño-Southern Oscillation (ENSO)

Sea surface temperature anomaly: 01/01/2026 to 31/01/2026



Data: GAMSSA  
Climatology baseline: 1991 to 2020  
© Commonwealth of Australia 2026, Australian Bureau of Meteorology

<http://www.bom.gov.au/climate>

Monthly average: January 2026  
Created: 03/02/2026

Relative Niño3.4 index (weekly updates of weekly averages)



© Copyright Commonwealth of Australia 2026, Bureau of Meteorology

Climatology period 1991–2020

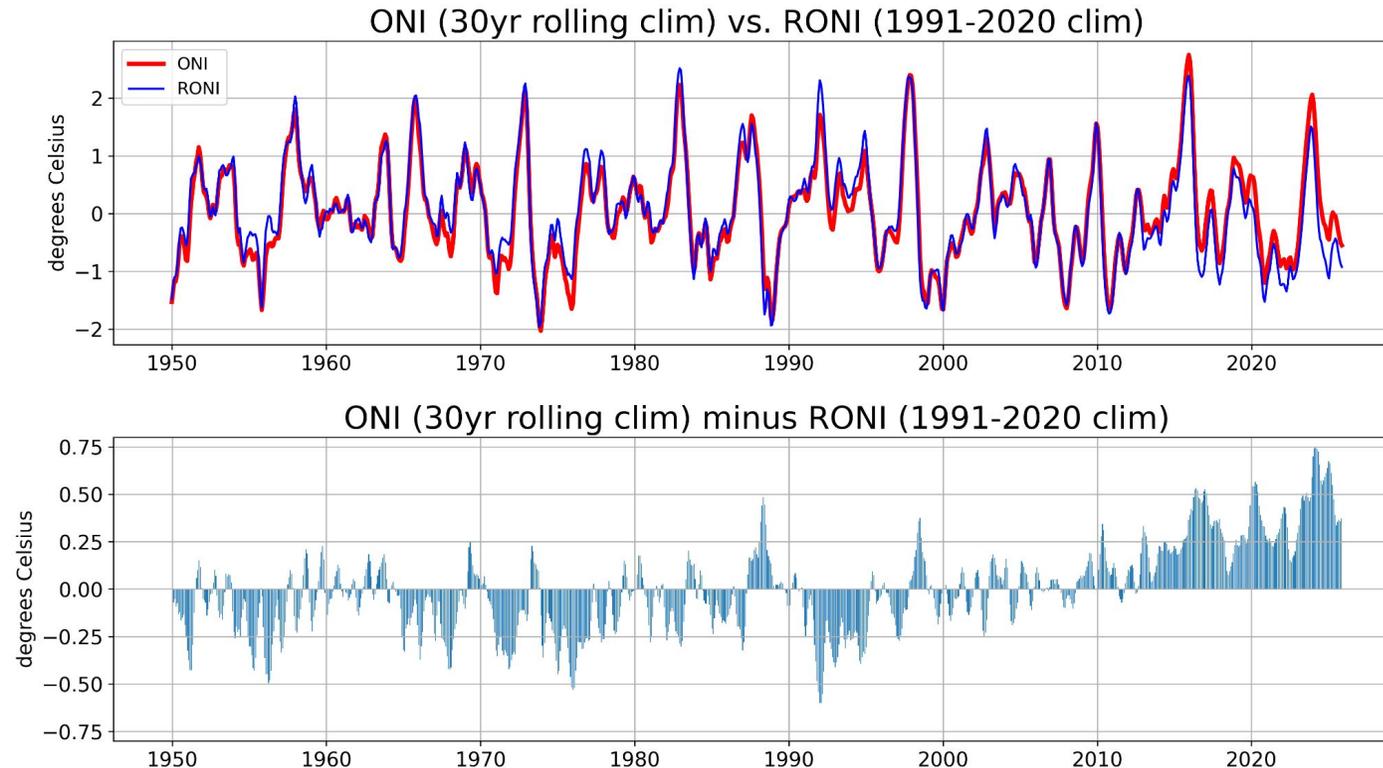
➤ Negative relative SST anomalies in the Niño 3.4 region, known as the Relative **Oceanic Niño Index** (RONI).

# I. Recent state of the climate

## News in ENSO forecasts - Relative Oceanic Niño Index

Helps placing current events in a historical perspective. SSTs in the Niño3.4 region **minus tropical mean removed**.  
El Niño = 5 or more overlapping 3-month running seasons with RONI > 0.5°C

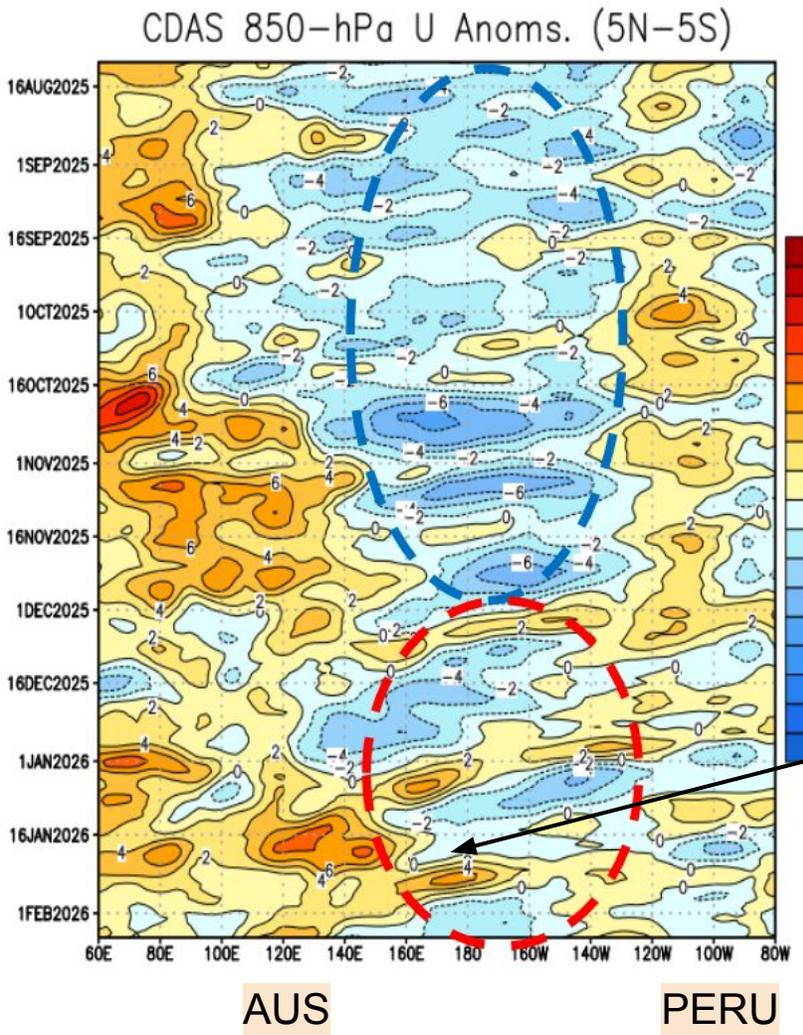
- RSST is less sensitive to the chosen based climatology period.
- More related to rainfall in the tropical Pacific than the traditional index (captures better the source of ENSO teleconnections).



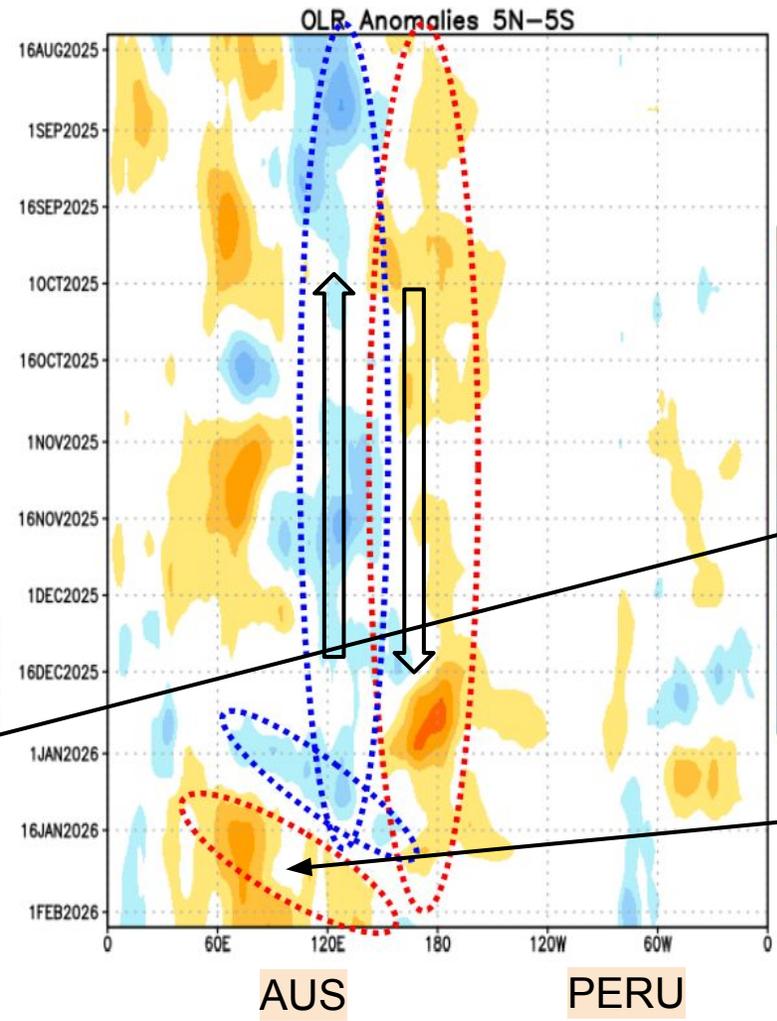
# I. Recent state of the climate

## El Niño-Southern Oscillation (ENSO) - The atmosphere

old  
↓  
latest



**Blue** = easterly wind anomalies  
**Red** = westerly wind anomalies



**Blue** = negative OLR, enhanced convection/rainfall.  
**Red** = positive OLR anomalies, subsidence, suppressed rainfall

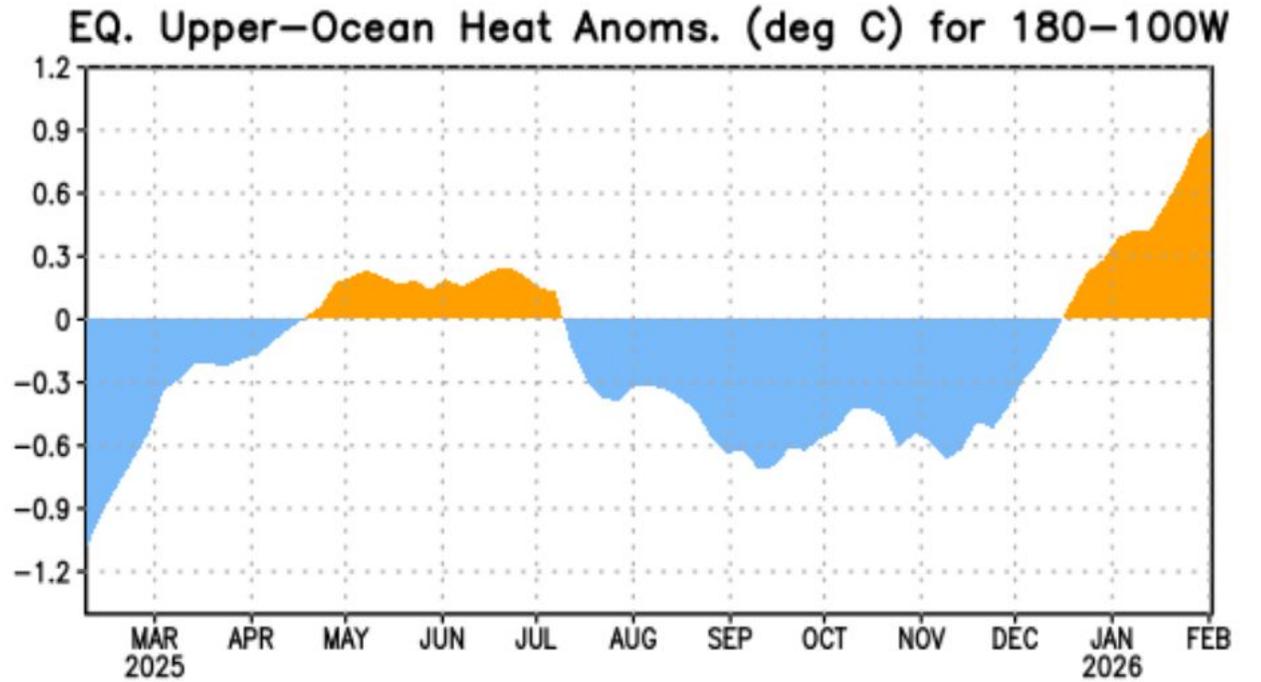
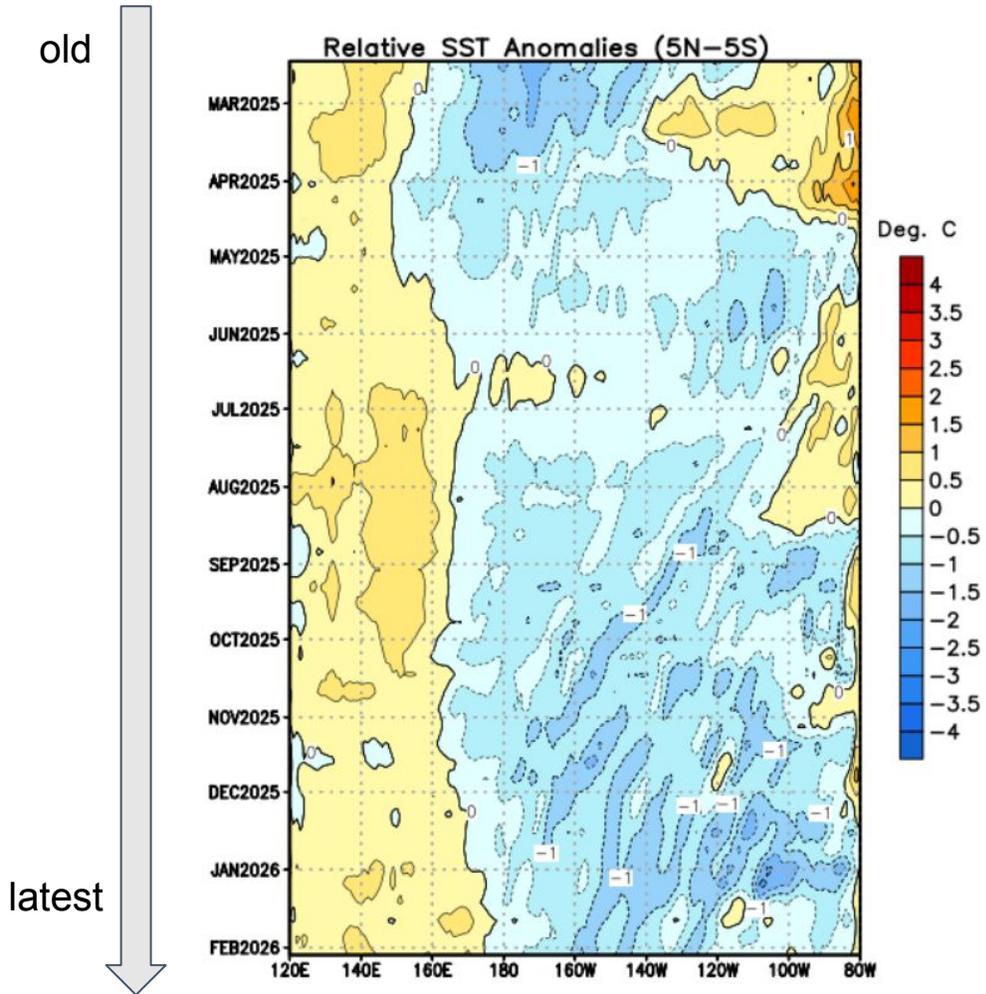
➤ Since early December 2025, wind anomalies have been variable with periods of easterly and westerly winds.

➤ Since mid January 2026, positive OLR anomalies have expanded from the Indian Ocean toward Indonesia.

**La Niña is disappearing**

# I. Recent state of the climate

## El Niño-Southern Oscillation (ENSO) - The ocean



- The Eastern Pacific upper ocean has been warming since Jan 26
- **ENSO precursor** (most of the times!)

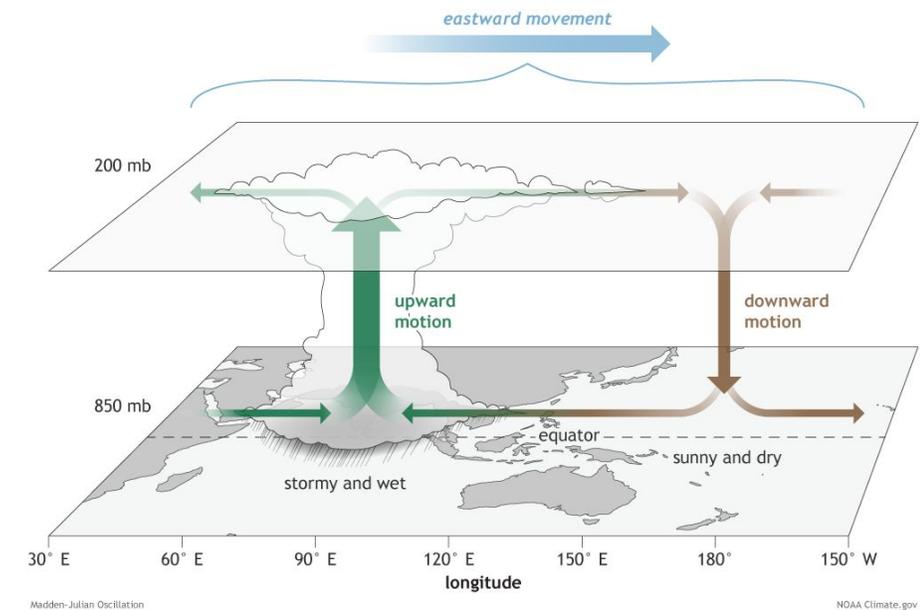
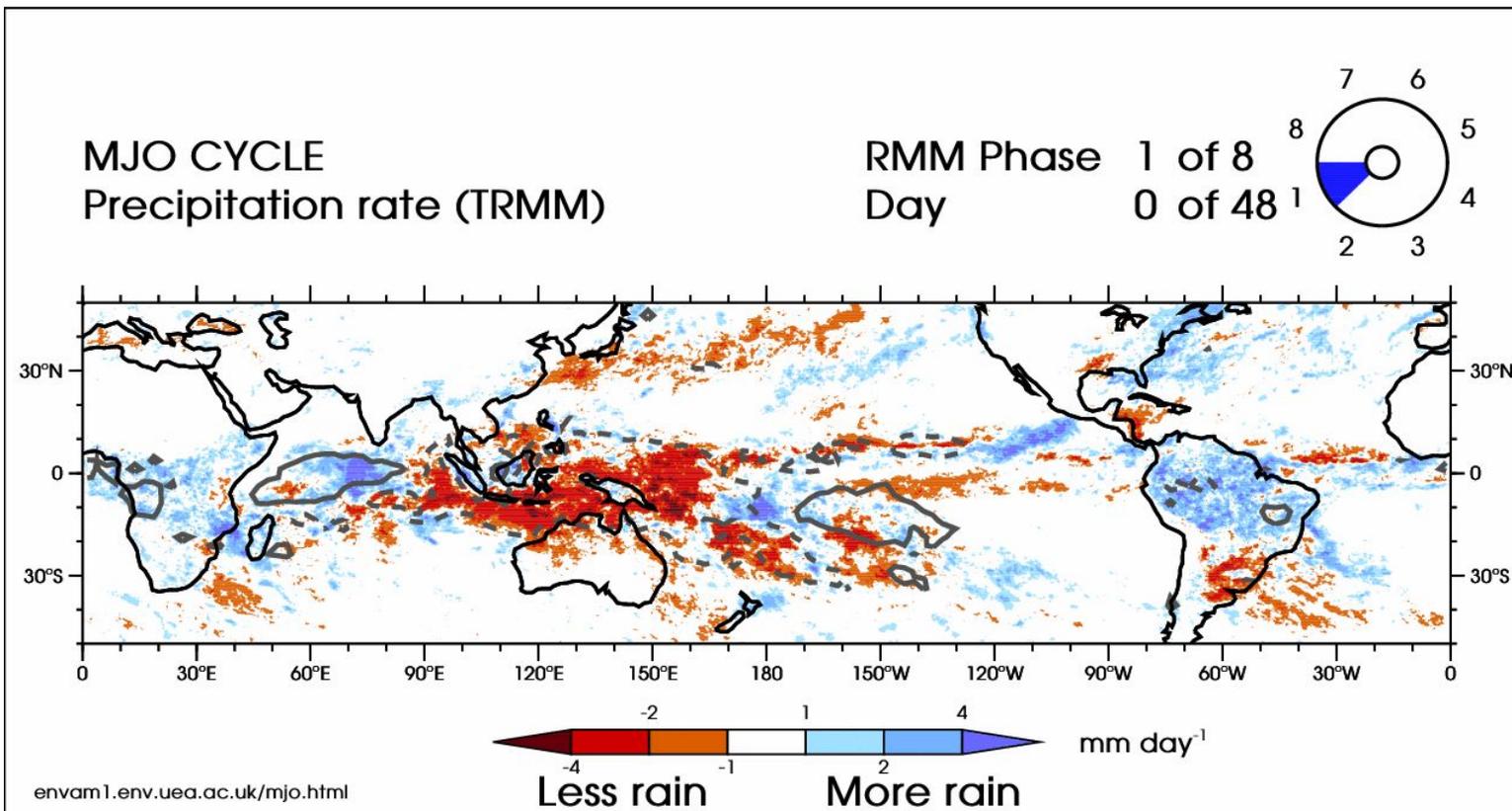
I. Recent state of the climate

II. Subseasonal forecasts

## II. Subseasonal forecasts

### Madden-Julian Oscillation (MJO)

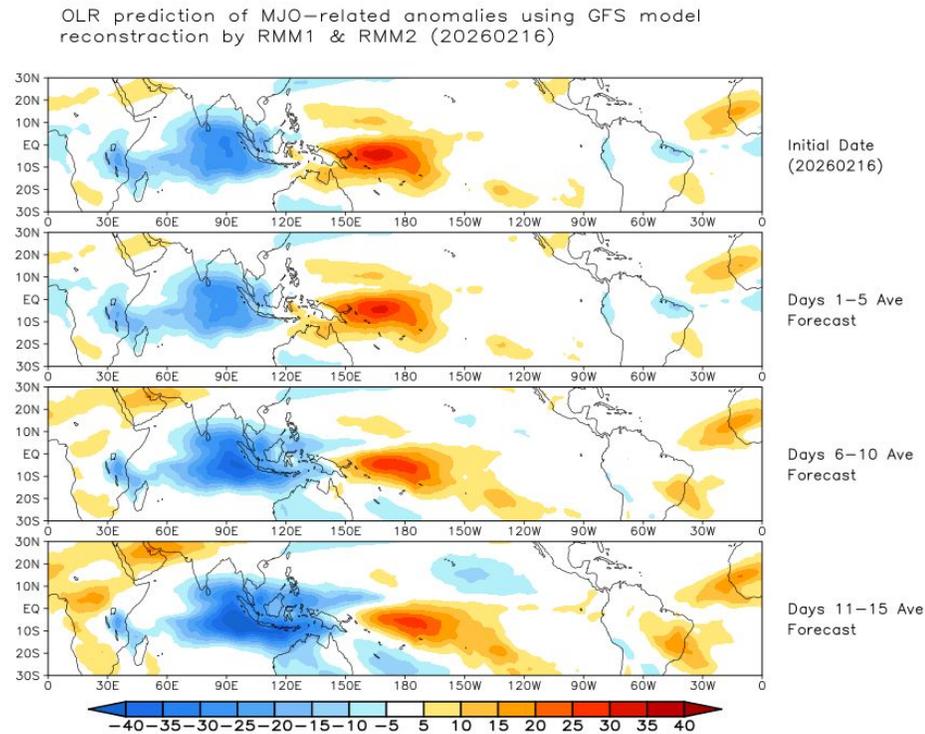
- The MJO is the leading mode of tropical subseasonal variability with a 20–90 days time scale. It is an important source of regional climate variability and predictability across the globe at subseasonal time scales.



# II. Subseasonal forecasts

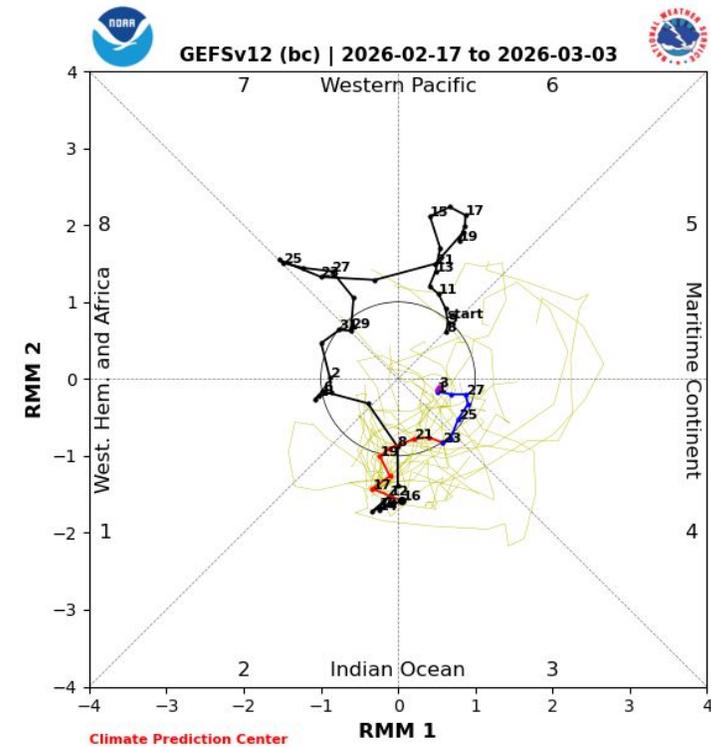
## MJO forecasts

- OLR anomalies [W/m<sup>2</sup>] (ensemble mean GEFS)



Low OLR (enhanced convection) / High OLR (suppressed convection)

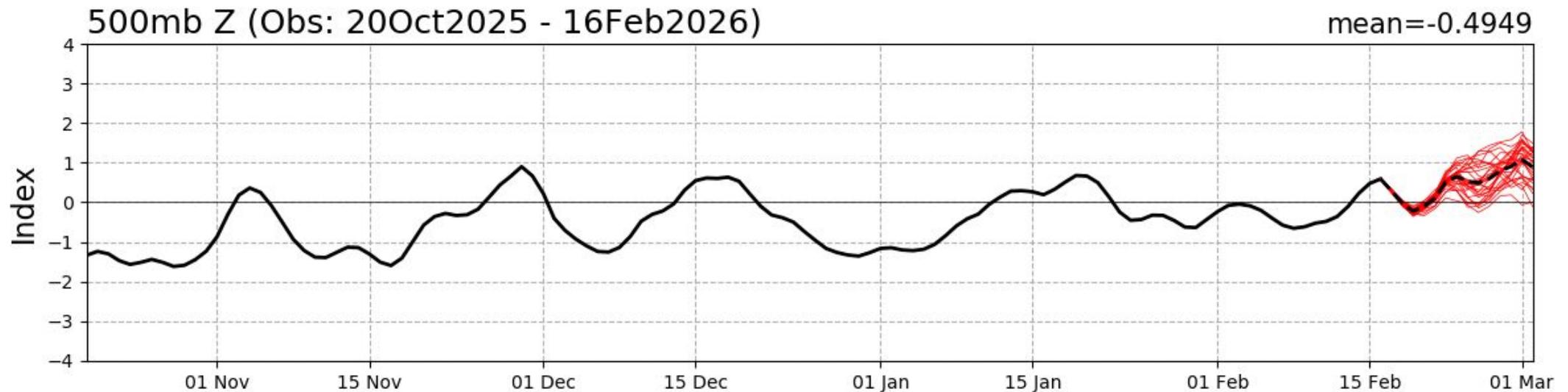
- Evolution of last 40 days of observations + ensemble forecast



Mean forecasts: 1-7 day, 8-14 day, >= 15 days

- MJO will slowly transition from phase 2 to 3 in the next week, and towards 4 (Maritime Continent in 15 days, competing with the disappearing of La Niña-like atmospheric anomalies

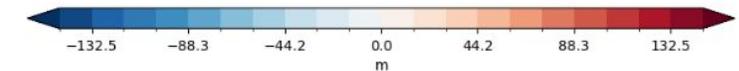
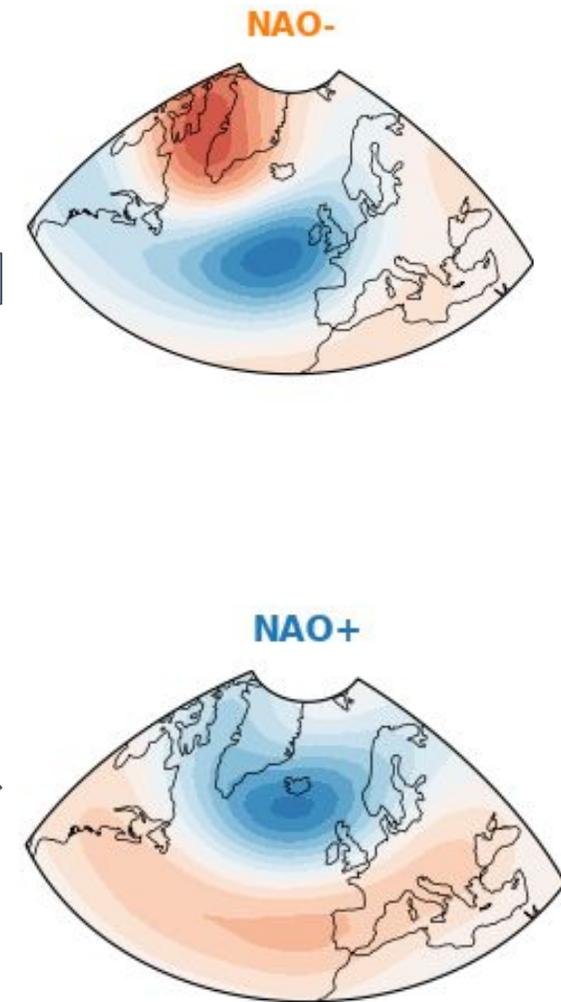
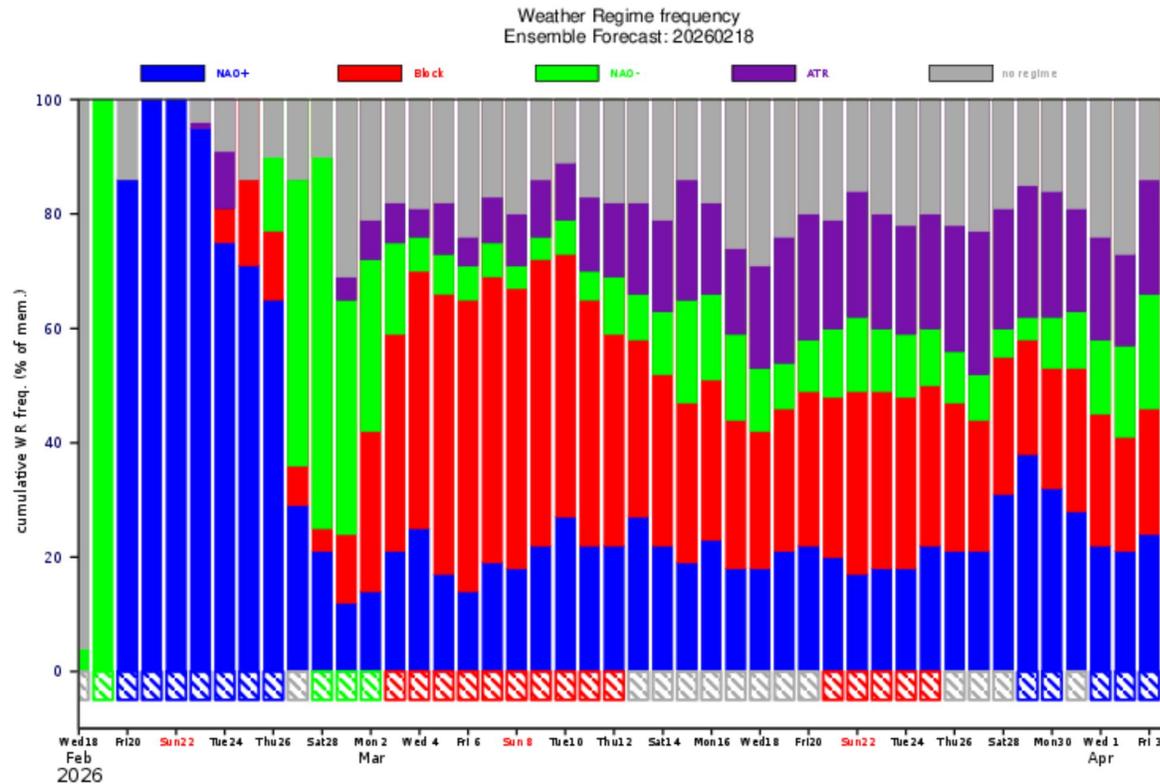
### NAO Index: Observed & GEFS Forecasts



- Weak negative NAO through the winter, expected to shift towards positive NAO in the following days

# II. Subseasonal forecasts

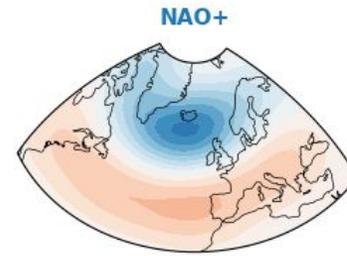
## Weather regimes



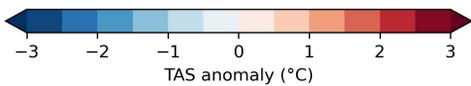
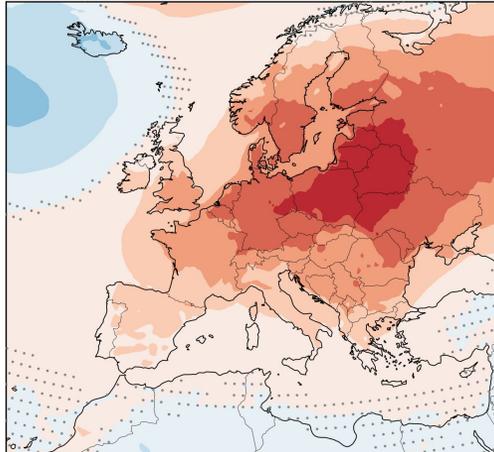
➤ Transition to NAO+ from the end of the week followed by uncertainty

## II. Subseasonal forecasts

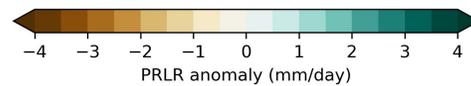
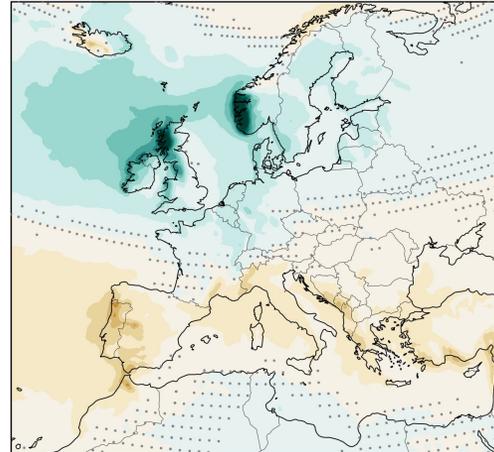
## Composite of positive NAO and surface climate



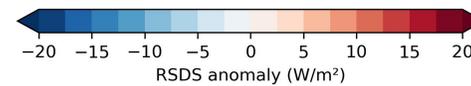
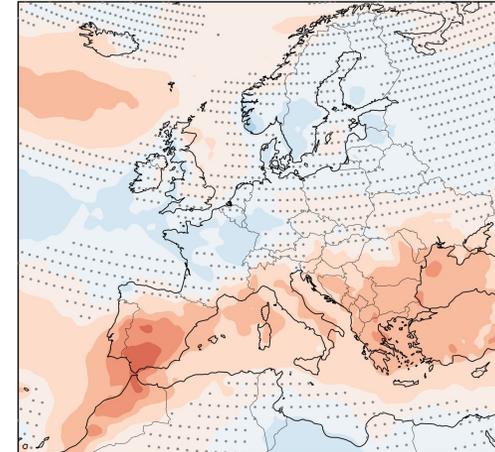
$\Delta$ TAS composite — NAO + ERA5 (1980-2008)



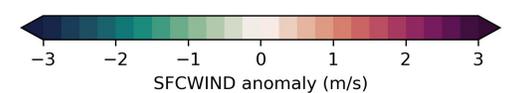
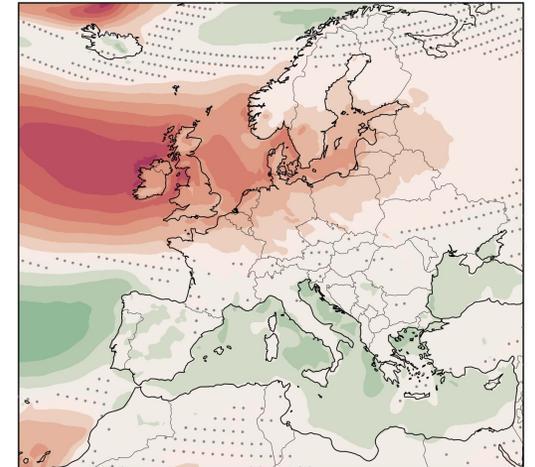
$\Delta$ PRLR composite — NAO + ERA5 (1980-2008)



$\Delta$ RSDS composite — NAO + ERA5 (1980-2008)



$\Delta$ SFCWIND composite — NAO + ERA5 (1980-2008)



Temperature



Precipitation



Solar radiation

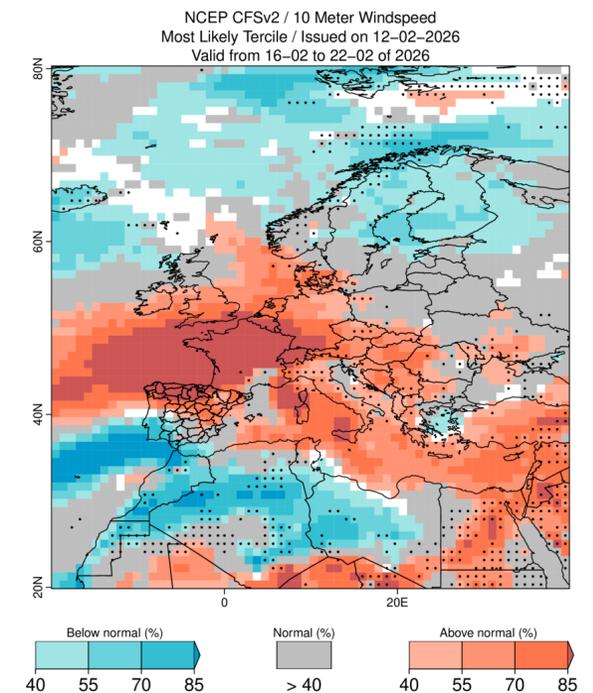
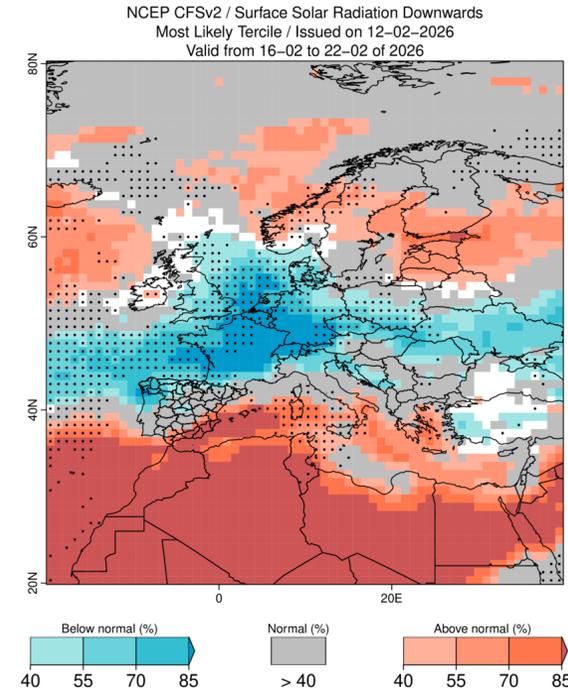
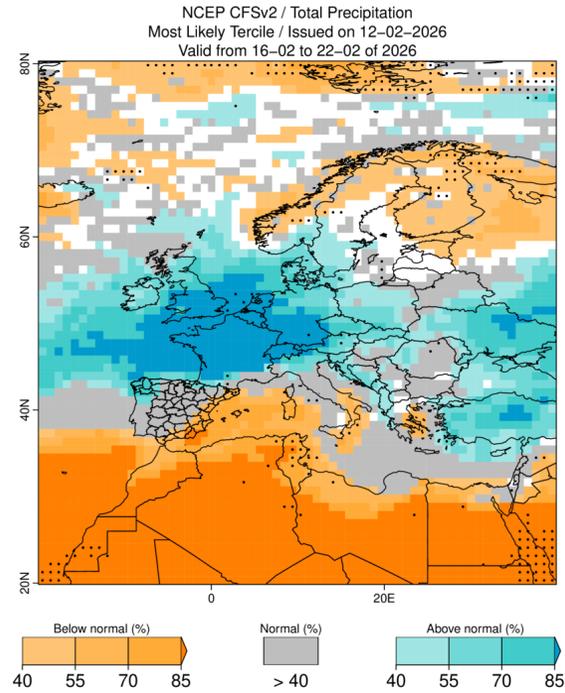
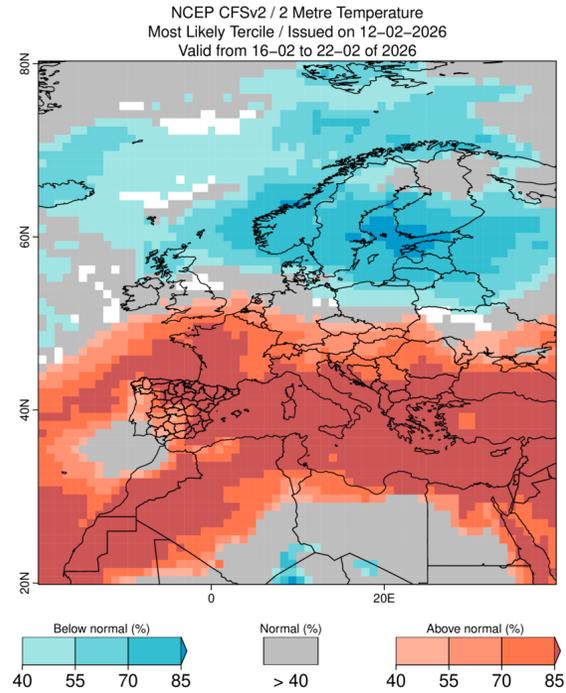


Surface wind

# II. Subseasonal forecasts

Valid on 16 - 22 Feb [Init. 12 Feb]

Hindcast period: 1999 - 2016



Temperature



Precipitation



Solar radiation

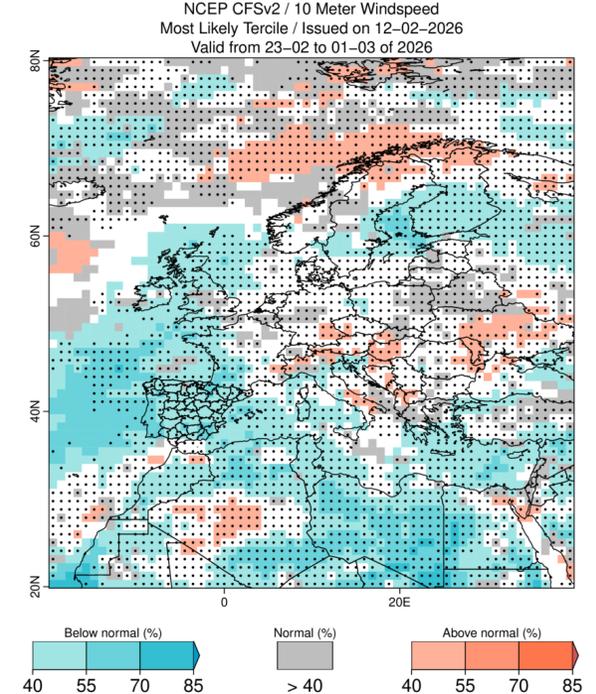
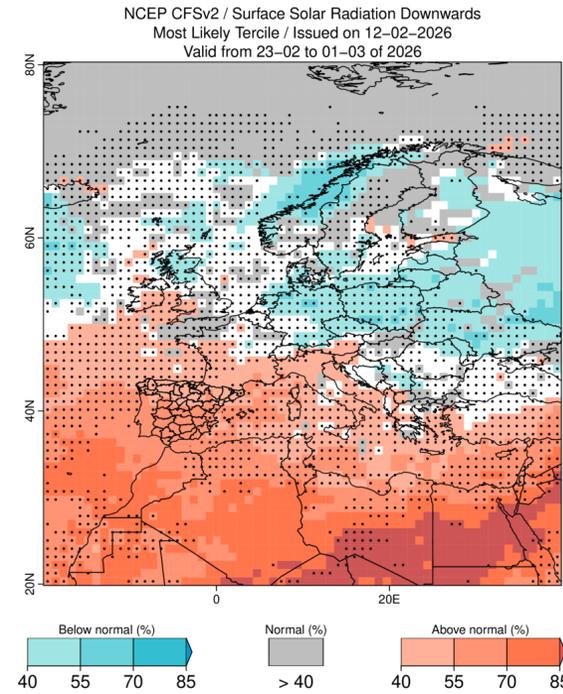
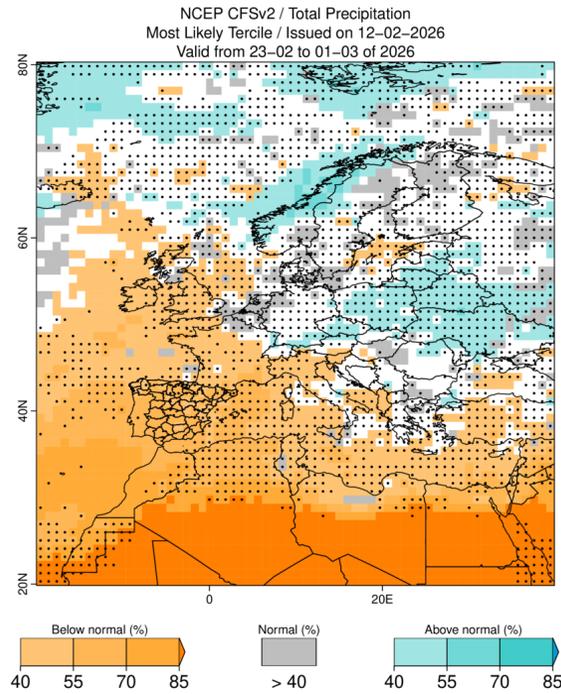
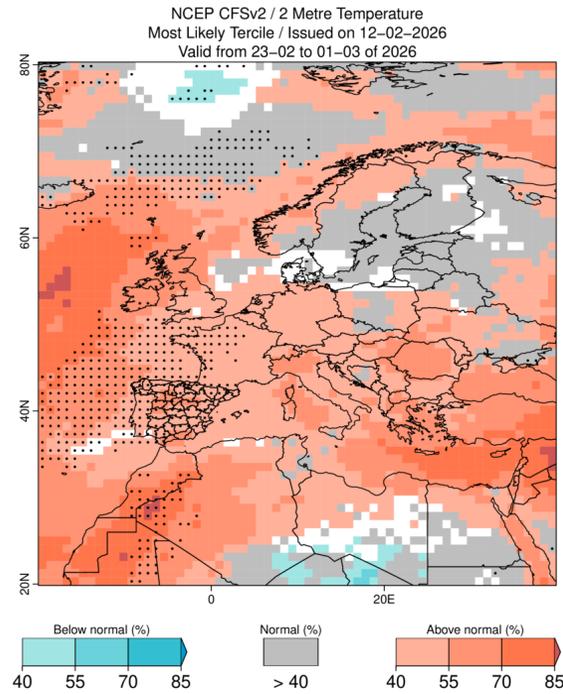


Surface wind

# II. Subseasonal forecasts

## Valid on 23 Feb - 1 Mar [Init. 12 Feb]

Hindcast period: 1999 - 2016



Temperature



Precipitation



Solar radiation

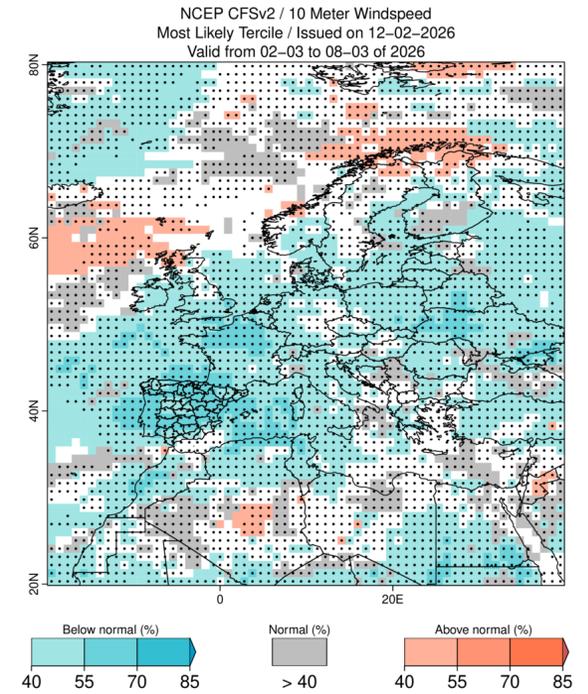
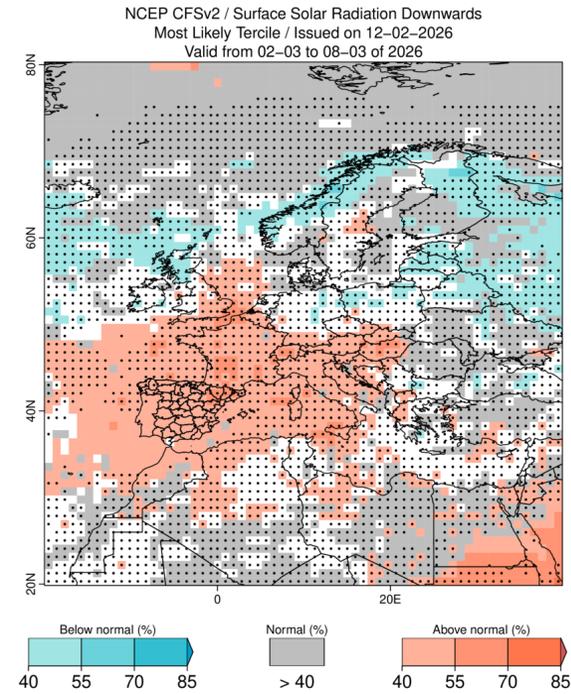
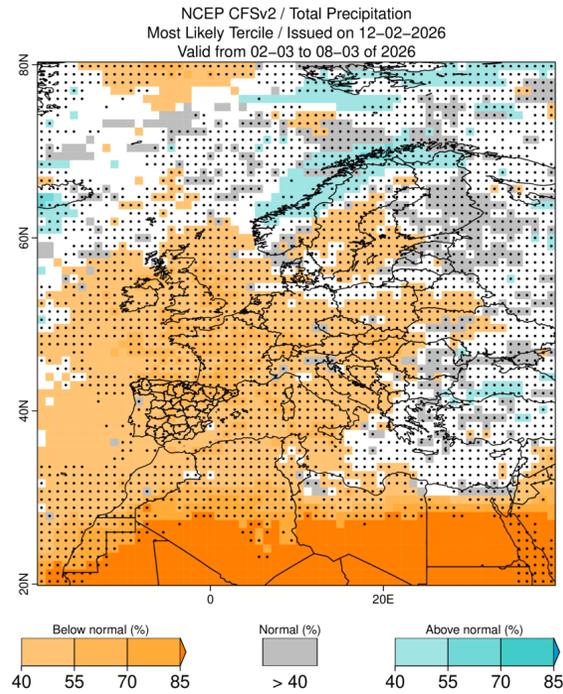
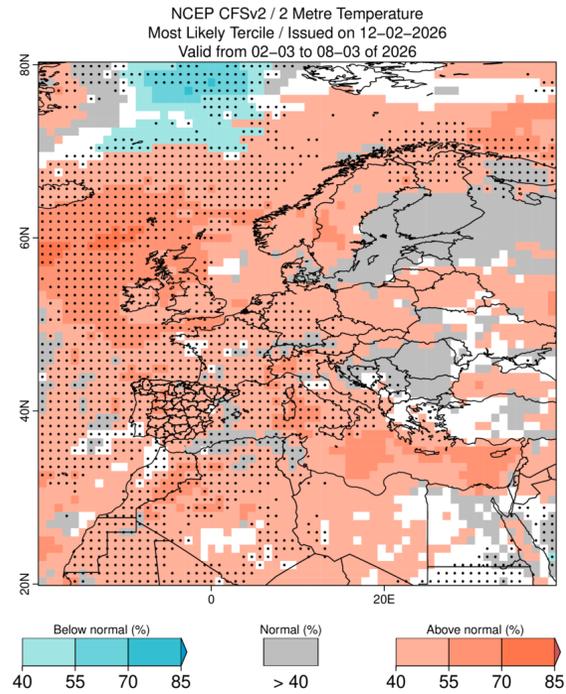


Surface wind

# II. Subseasonal forecasts

## Valid on 2 - 8 Mar [Init. 12 Feb]

Hindcast period: 1999 - 2016



Temperature



Precipitation



Solar radiation

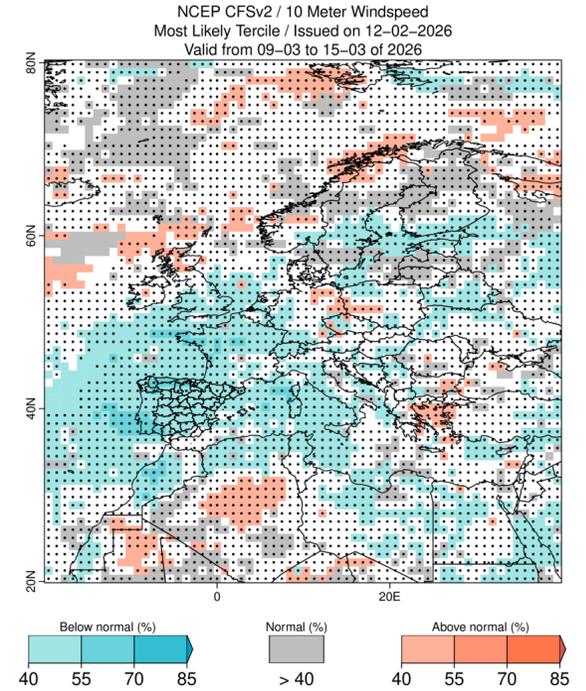
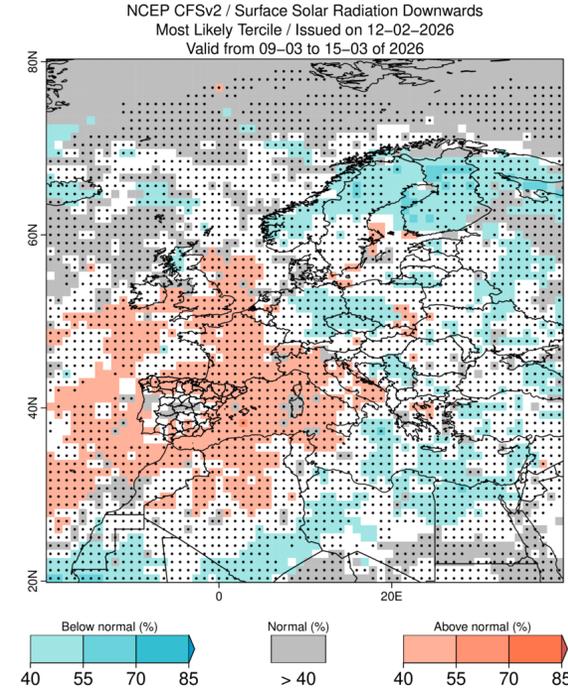
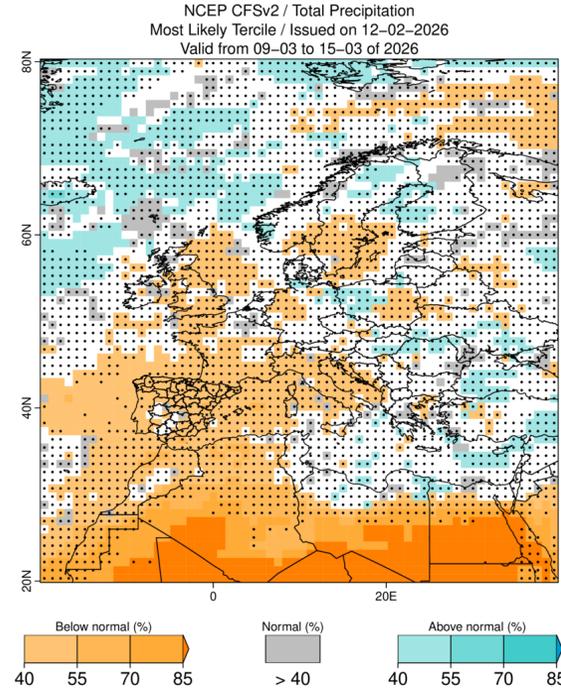
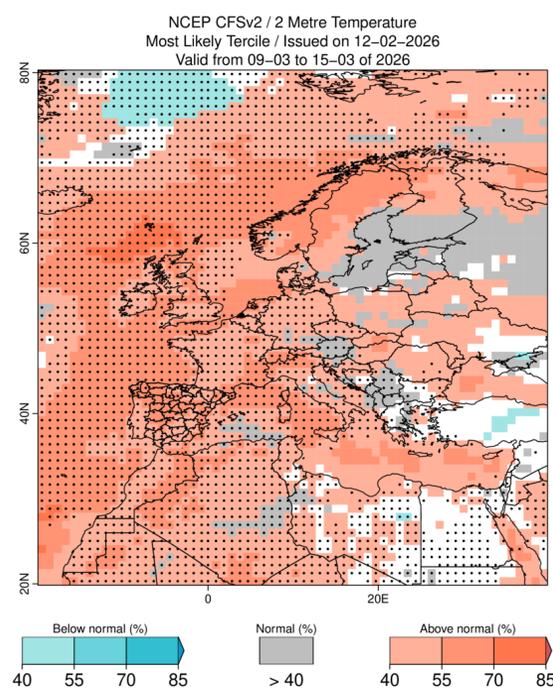


Surface wind

# II. Subseasonal forecasts

Valid on 9 - 15 Mar [Init. 12 Feb]

Hindcast period: 1999 - 2016



Temperature



Precipitation



Solar radiation



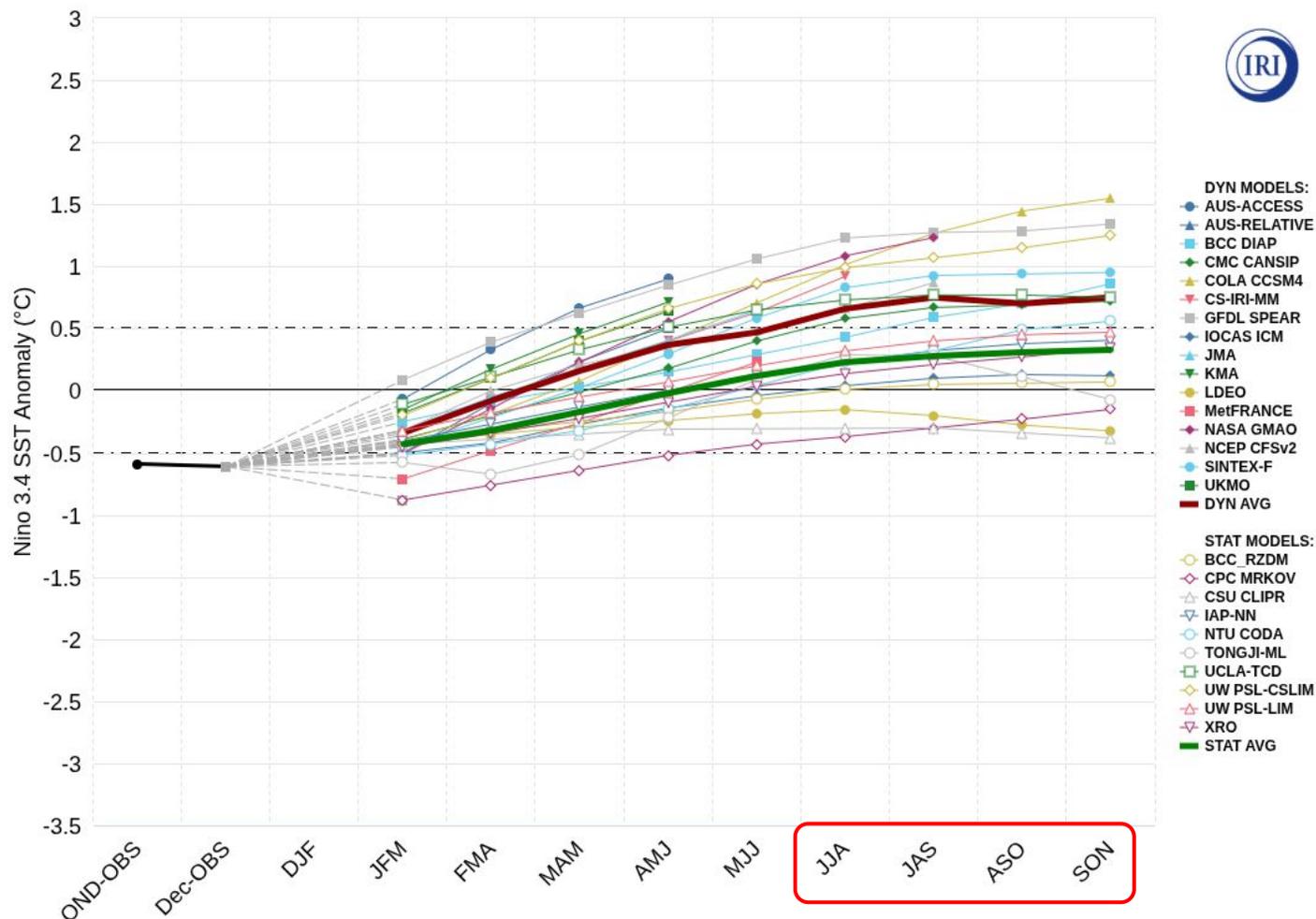
Surface wind

- I. Recent state of the climate
- II. Subseasonal forecasts
- III. Seasonal forecasts

# III. Seasonal forecasts

## ENSO forecasts

Model Predictions of ENSO from Jan 2026



- Transition towards **ENSO-neutral** conditions in the next months, especially pronounced in the **dynamical** models, that predict a transition towards **El Niño** as early as in JJA.
- The statistical models predict ENSO-neutral conditions at least until early autumn

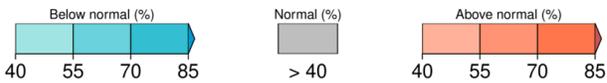
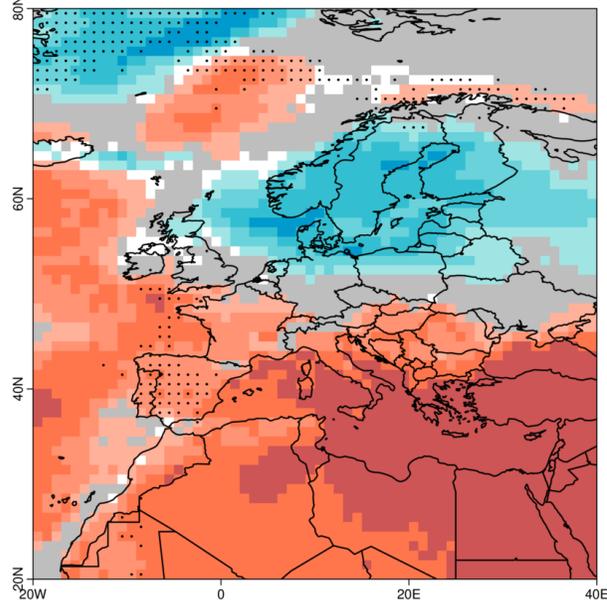
# Seasonal forecasts

## Ft1-3 (Feb to April 2026)



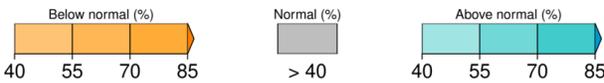
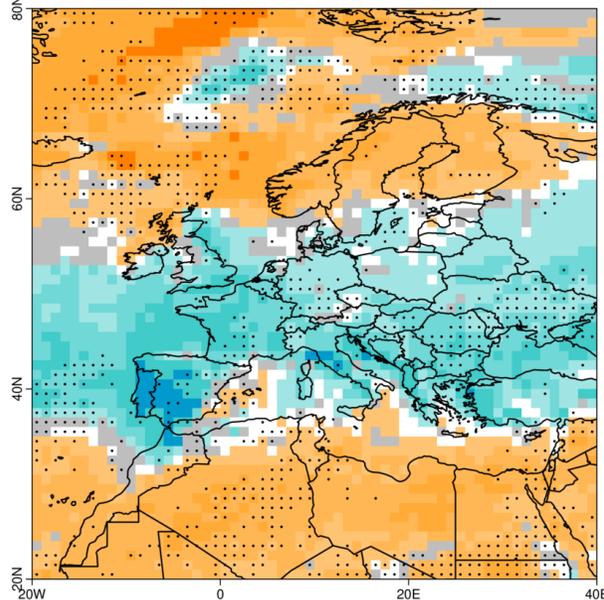
Hindcast period: 1993 - 2016

ECMWF SEAS5 (v5.1) / 2 Metre Temperature  
Most Likely Tercile / February to April 2026 / Start date: 01-02-2026



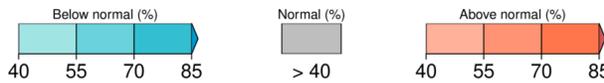
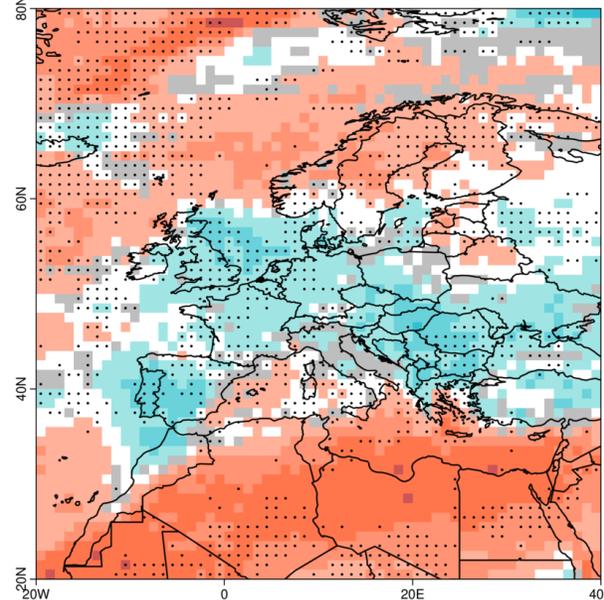
Dots indicate negative RPSS

ECMWF SEAS5 (v5.1) / Total Precipitation  
Most Likely Tercile / February to April 2026 / Start date: 01-02-2026



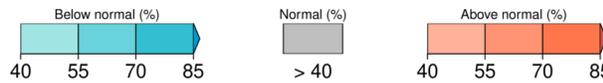
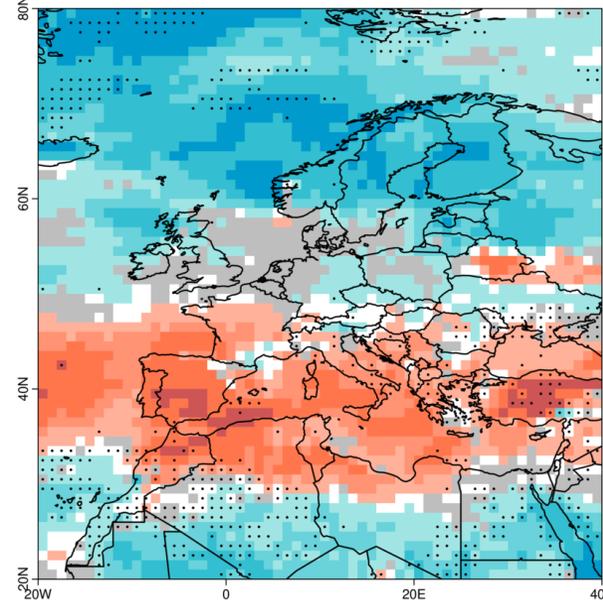
Dots indicate negative RPSS

ECMWF SEAS5 (v5.1) / Surface Solar Radiation Downwards  
Most Likely Tercile / February to April 2026 / Start date: 01-02-2026



Dots indicate negative RPSS

ECMWF SEAS5 (v5.1) / 10 Meter Windspeed  
Most Likely Tercile / February to April 2026 / Start date: 01-02-2026



Dots indicate negative RPSS



Temperature



Precipitation



Solar radiation



Surface wind

# Where does this precipitation signal come from?



Hindcast period: 1993 - 2016

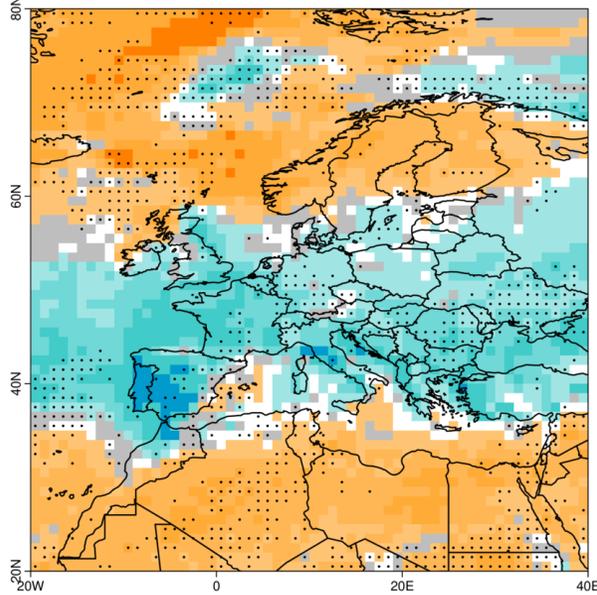
## Ft1-3 (Feb to April 2026)

## February

## March

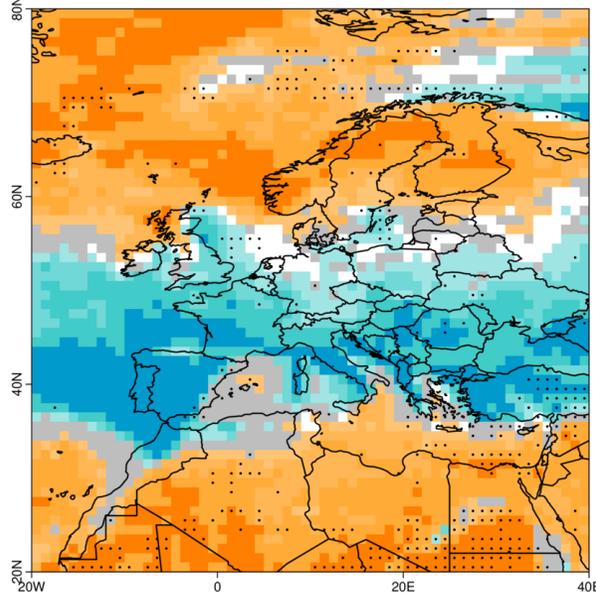
## April

ECMWF SEAS5 (v5.1) / Total Precipitation  
Most Likely Tercile / February to April 2026 / Start date: 01-02-2026



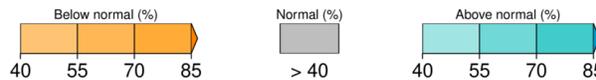
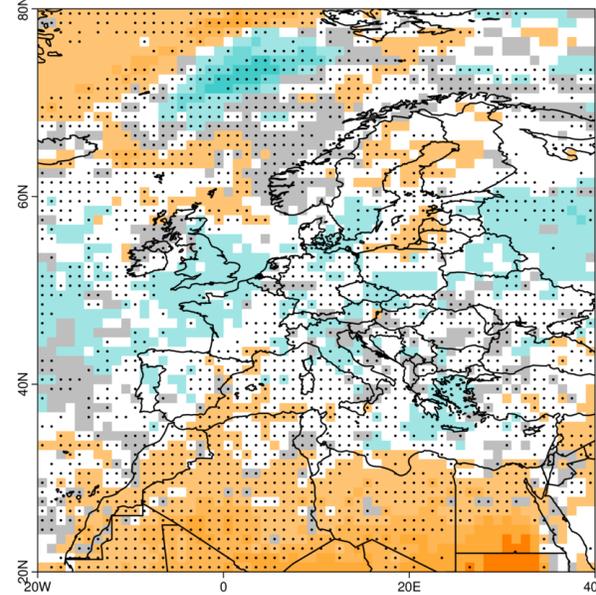
Dots indicate negative RPSS

ECMWF SEAS5 (v5.1) / Total Precipitation  
Most Likely Tercile / February to February 2026 / Start date: 01-02-2026



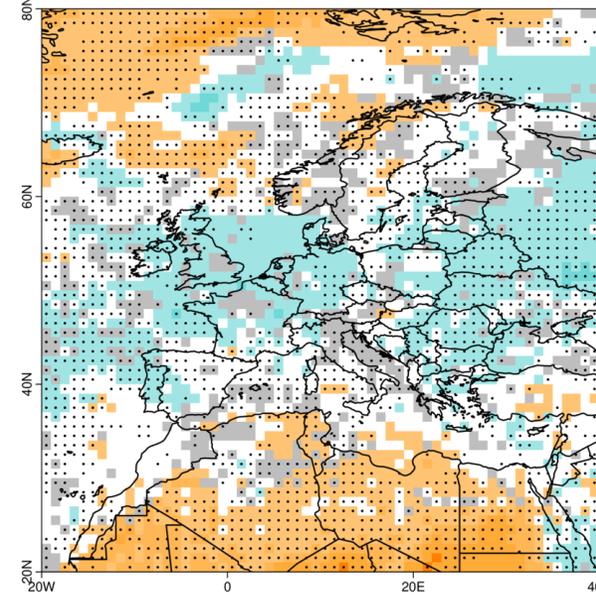
Dots indicate negative RPSS

ECMWF SEAS5 (v5.1) / Total Precipitation  
Most Likely Tercile / March to March 2026 / Start date: 01-02-2026



Dots indicate negative RPSS

ECMWF SEAS5 (v5.1) / Total Precipitation  
Most Likely Tercile / April to April 2026 / Start date: 01-02-2026



Dots indicate negative RPSS



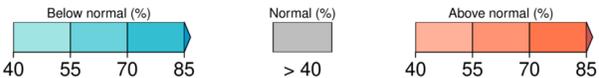
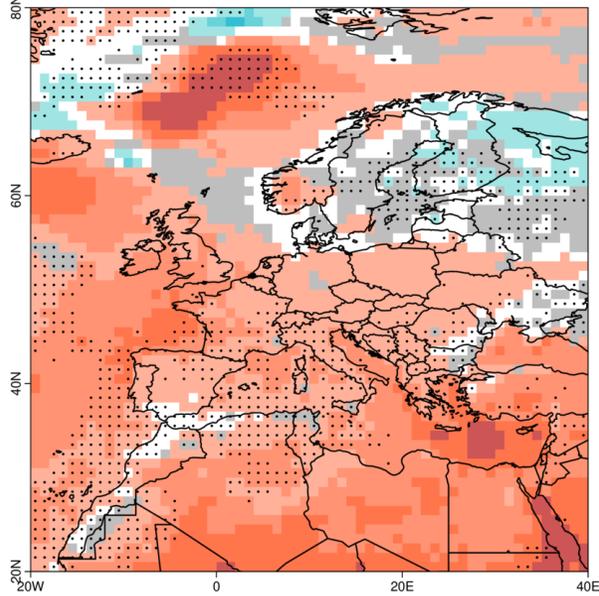
# Seasonal forecasts

## Ft4-6 (May to July 2026)



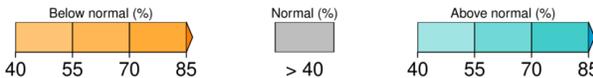
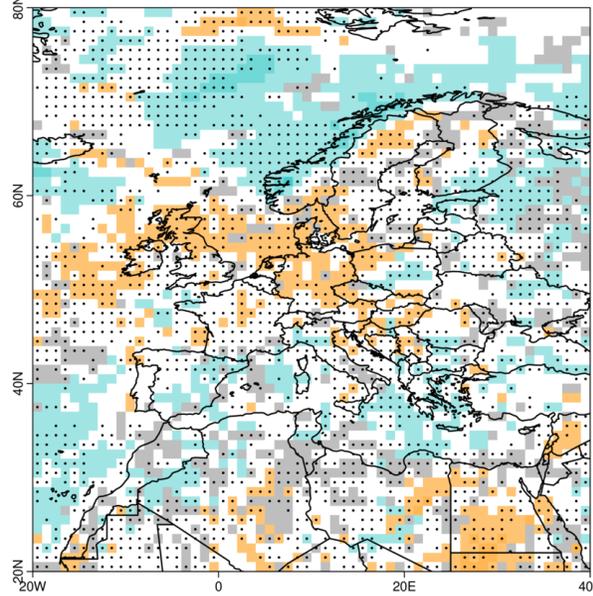
Hindcast period: 1993 - 2016

ECMWF SEAS5 (v5.1) / 2 Metre Temperature  
Most Likely Tercile / May to July 2026 / Start date: 01-02-2026



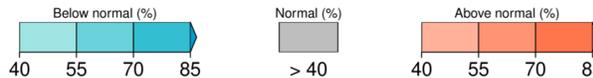
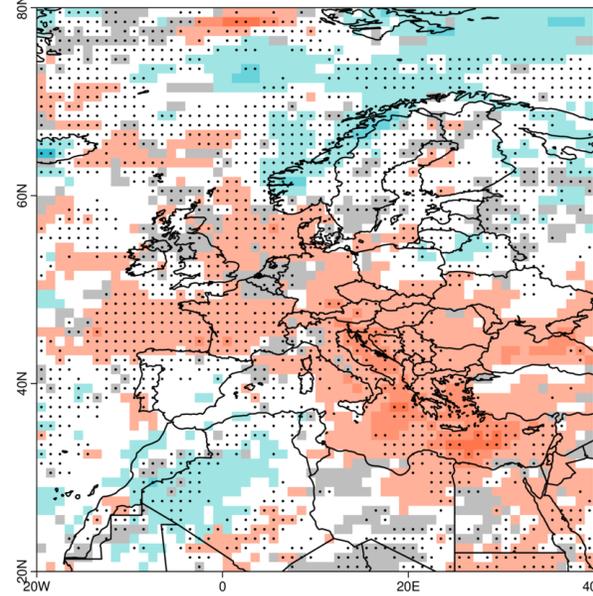
Dots indicate negative RPSS

ECMWF SEAS5 (v5.1) / Total Precipitation  
Most Likely Tercile / May to July 2026 / Start date: 01-02-2026



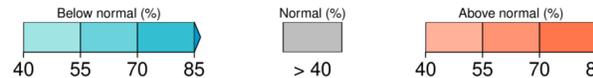
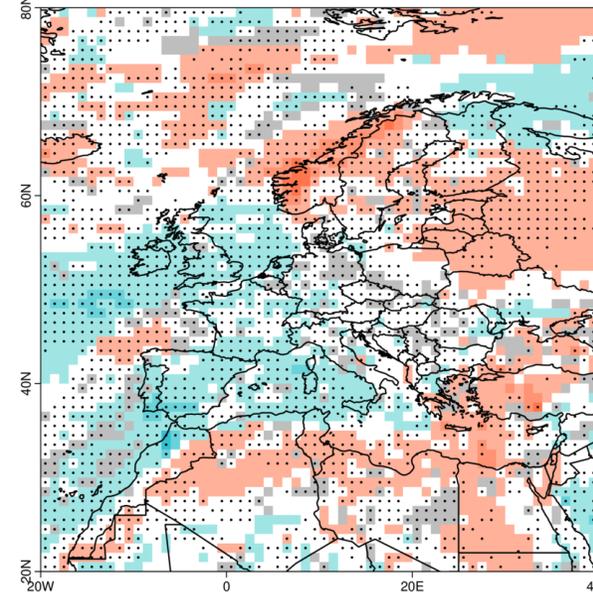
Dots indicate negative RPSS

ECMWF SEAS5 (v5.1) / Surface Solar Radiation Downwards  
Most Likely Tercile / May to July 2026 / Start date: 01-02-2026



Dots indicate negative RPSS

ECMWF SEAS5 (v5.1) / 10 Meter Windspeed  
Most Likely Tercile / May to July 2026 / Start date: 01-02-2026



Dots indicate negative RPSS



Temperature



Precipitation

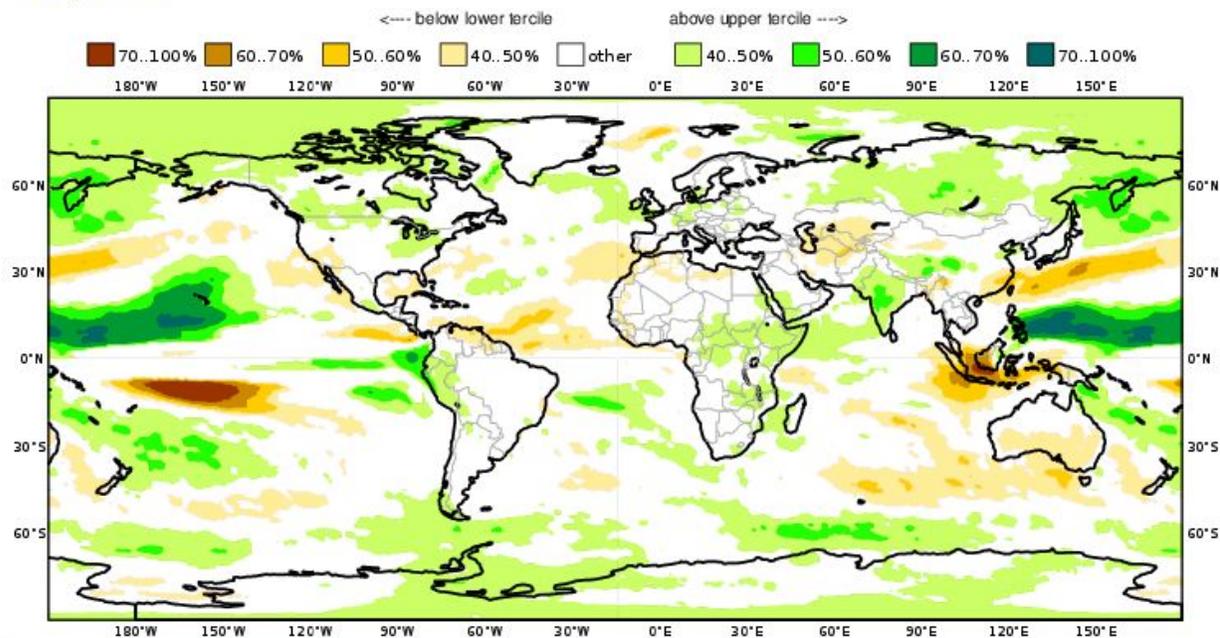


Solar radiation



Surface wind

C3S multi-system seasonal forecast ECMWF/Met Office/Météo-France/CMCC/DWD/NCEP/ECCC/BOM  
Prob(most likely category of precipitation) MAM 2026  
Nominal forecast start: 01/02/26  
Unweighted mean

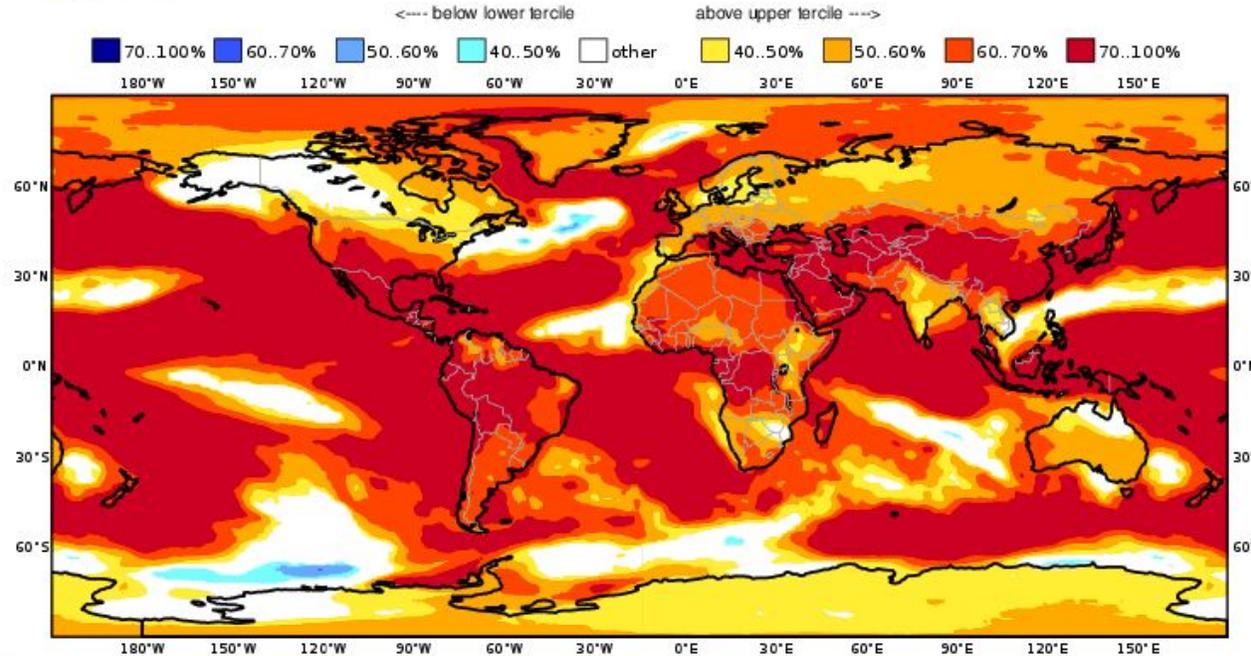


- **Positive** anomalies in parts of the Pacific, Central America, Siberia, Central Africa, northern North America, Fennoscandia, Philippines.
- **Negative** anomalies in Indonesia, eastern China, parts of the Pacific and Indian oceans, California, S. Australia and S. Iberian peninsula and N-W of Morocco.

# III. Seasonal forecasts

## Temperature

C3S multi-system seasonal forecast    ECMWF/Met Office/Météo-France/CMCC/DWD/NCEP/ECFC/BOM  
Prob(most likely category of 2m temperature)    MAM 2026  
Nominal forecast start: 01/02/26  
Unweighted mean



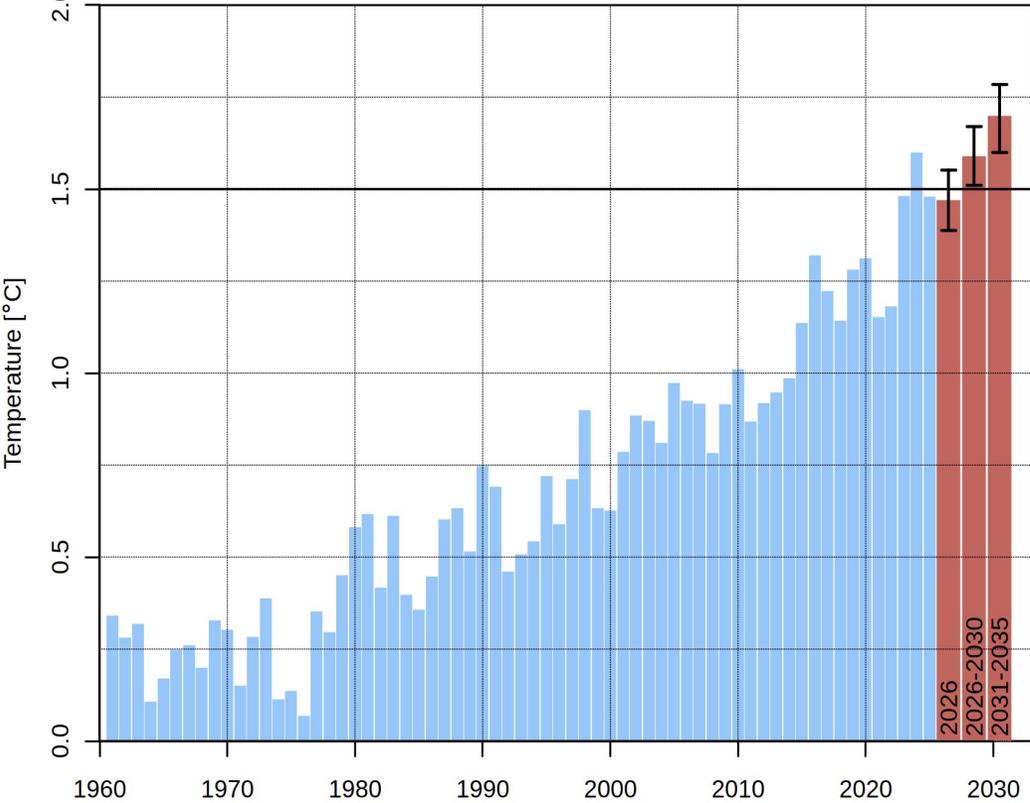
- Typical global warming signal.
- Parts of North Atlantic and Southern Ocean with normal/cooler anomalies.

- I. Recent state of the climate
- II. Subseasonal forecasts
- III. Seasonal forecasts
- IV. Decadal forecasts

# Decadal forecasts

## Global Mean Surface Air Temperature

Forecast Initialised in Nov 2025, Reference Period: Pre-Industrial.



— Observations: ERA5  
— EC-Earth3.3 Decadal Predictions

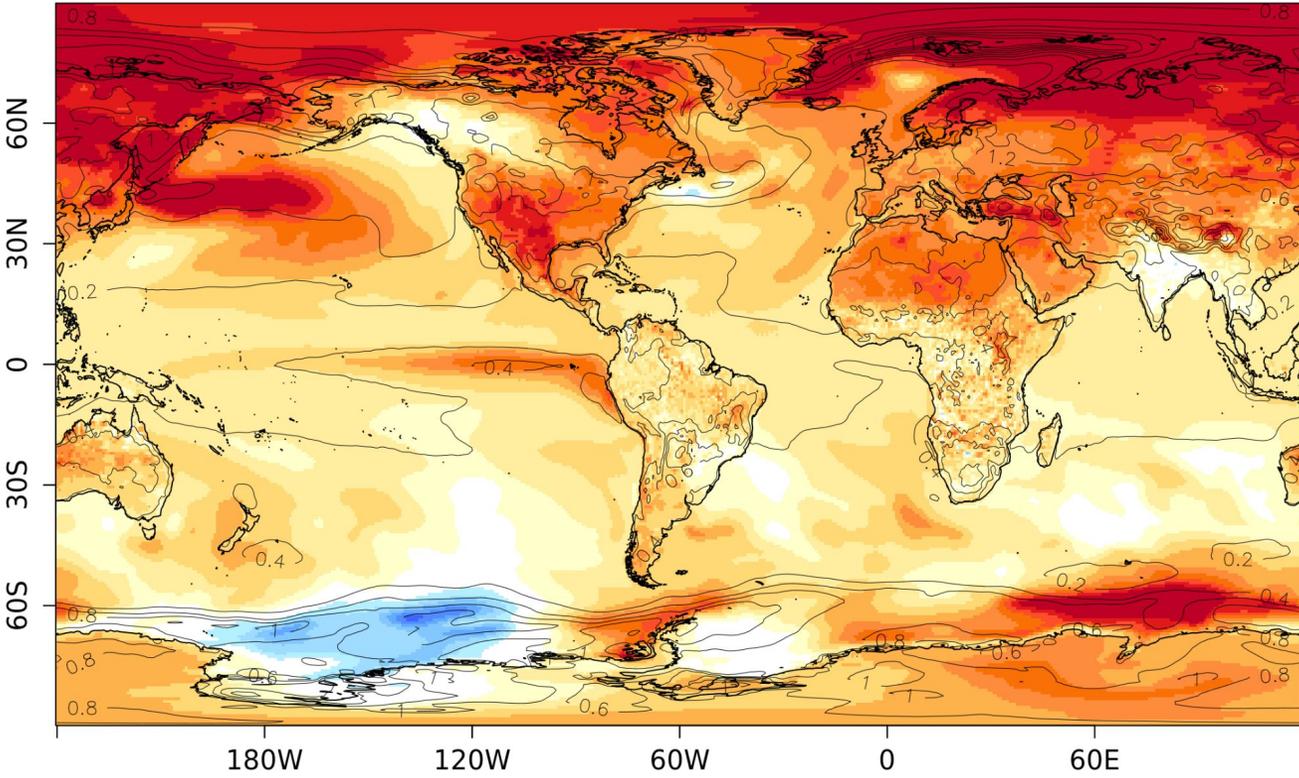


[www.decadal.bsc.es](http://www.decadal.bsc.es)



## Forecast Anomaly for Near Surface Air Temperature

Initialisation: Nov2025. Forecast Range: Year 2026. Reference Period: 1991-2020.



[°C] Contours indicate the ensemble standard deviation.



[www.decadal.bsc.es](http://www.decadal.bsc.es)

Earth Sciences Department



Courtesy of Roberto Bilbao

Earth Sciences  
Department



**Barcelona  
Supercomputing  
Center**  
*Centro Nacional de Supercomputación*

# Forecast Briefing

## February 2026

Climate Services Team (CST)

Earth System Services (ESS)

Barcelona Supercomputing Center (BSC)

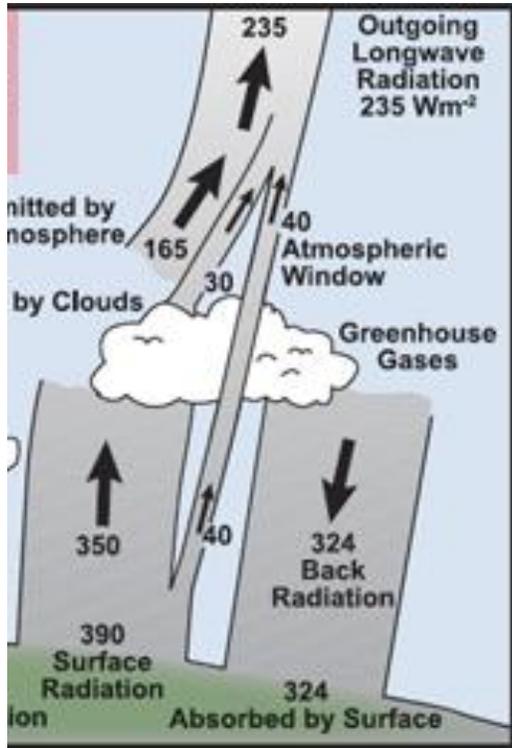
Thursday 19<sup>th</sup> Feb 2026

➤ Negative OLR anomalies:

**Enhanced convection =**

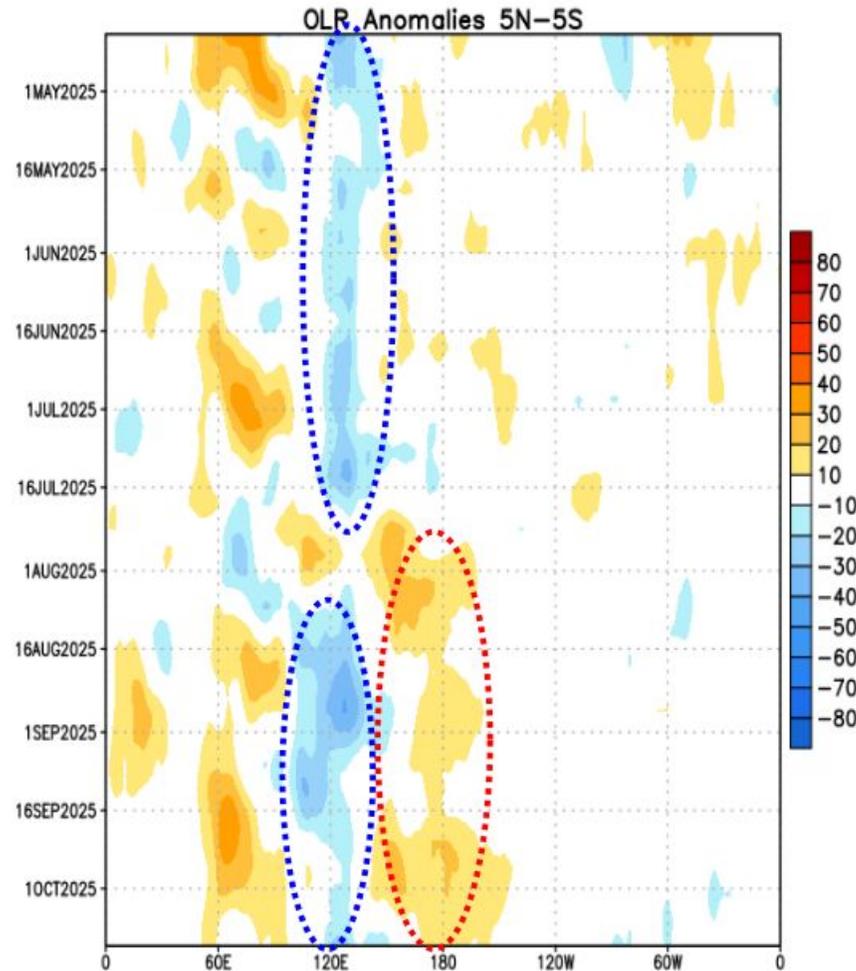
High and deep clouds =

Their top is cold and emits less emission of longwave radiation back to space.



➤ Positive OLR anomalies:

**Suppressed convection** over the central Pacific is associated with **La Niña**.



**Subsidence** (orange/red shading)

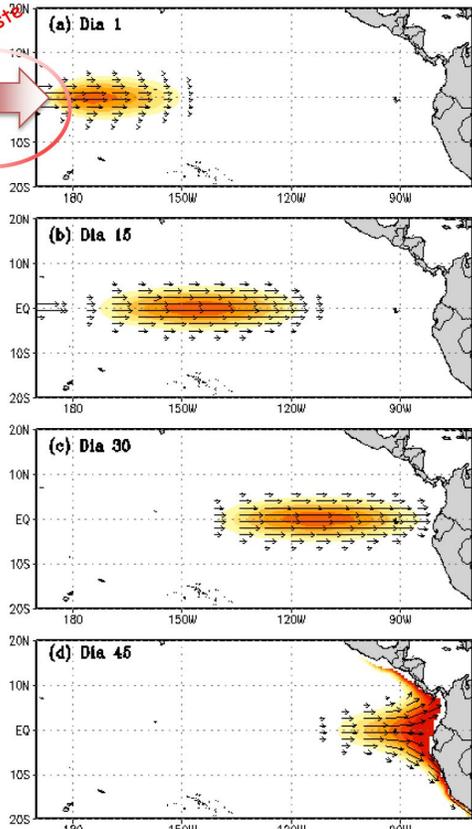
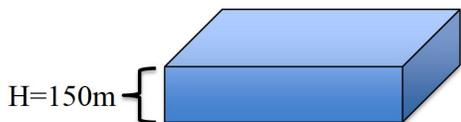
Enhanced convection (blue shading)

# ¿Cómo se forma una onda Kelvin cálida?

Anomalia de viento del oeste  $\tau_x$

Simulación numérica de la propagación de una onda Kelvin Ecuatorial forzada por un pulso de viento del oeste ecuatorial centrado en 170°E durante 30 días con un pico máximo en el día 15.

Océano de profundidad H

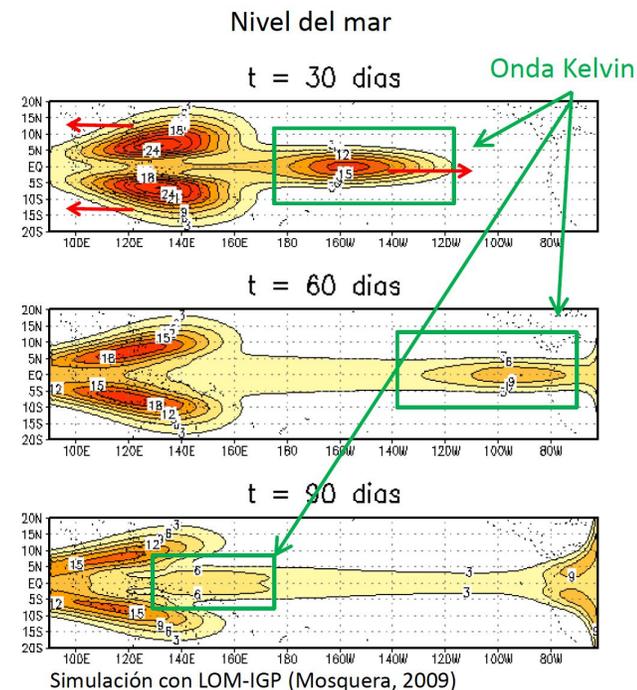
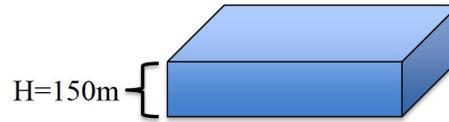


Mosquera (2014)

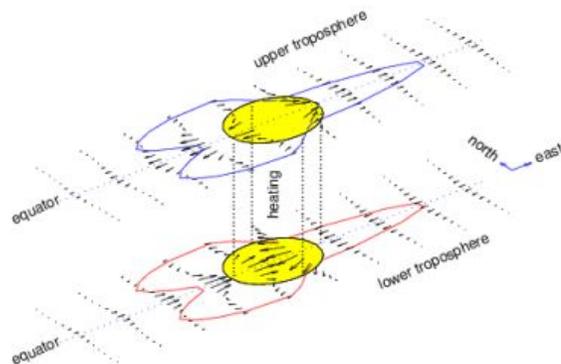
# ¿Cómo se forma una onda Kelvin cálida?

Como consecuencia de la reflexión de la onda Rossby en la frontera occidental

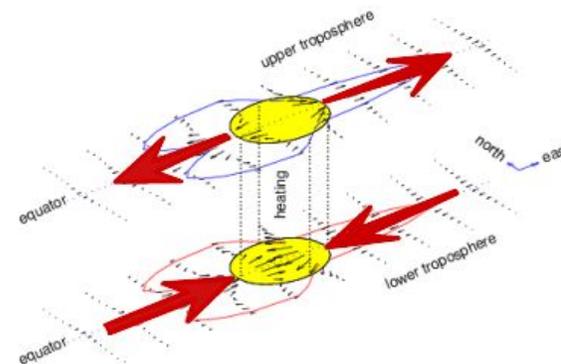
Océano de profundidad H

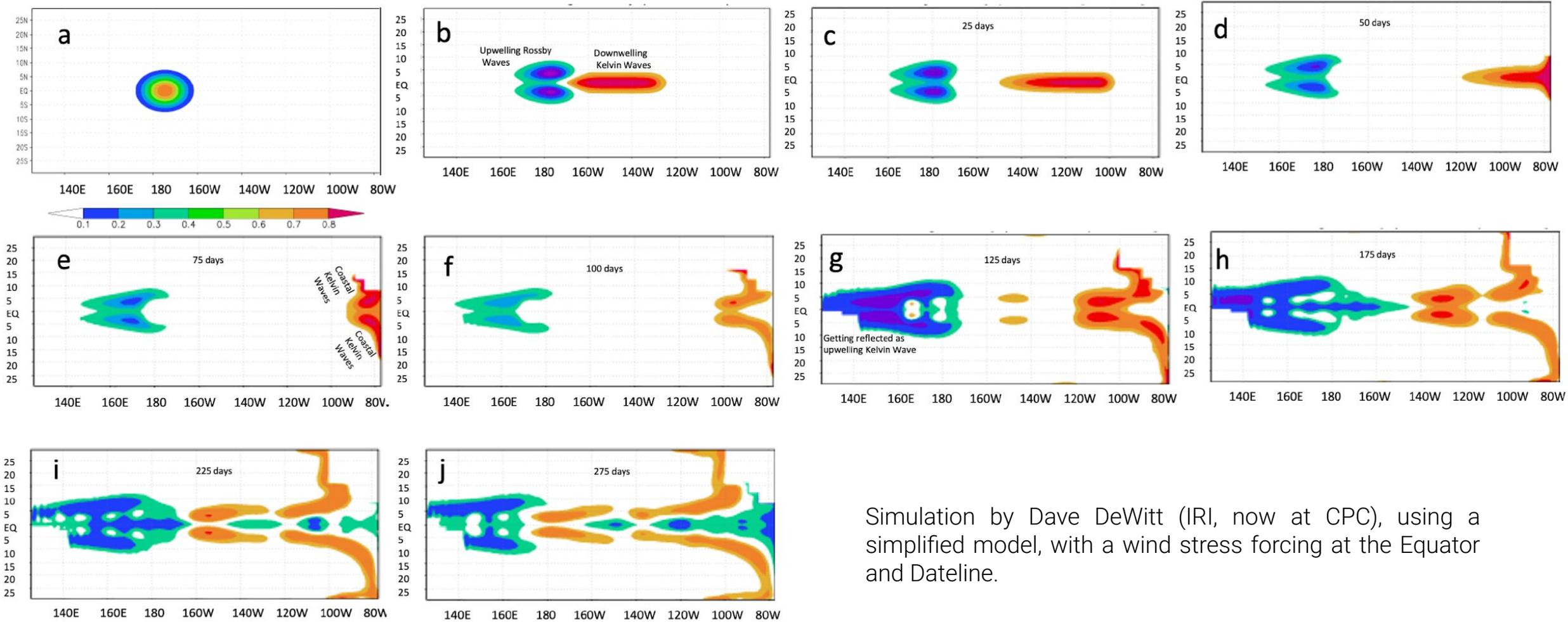


Two-Layer Model of Equatorial Heating



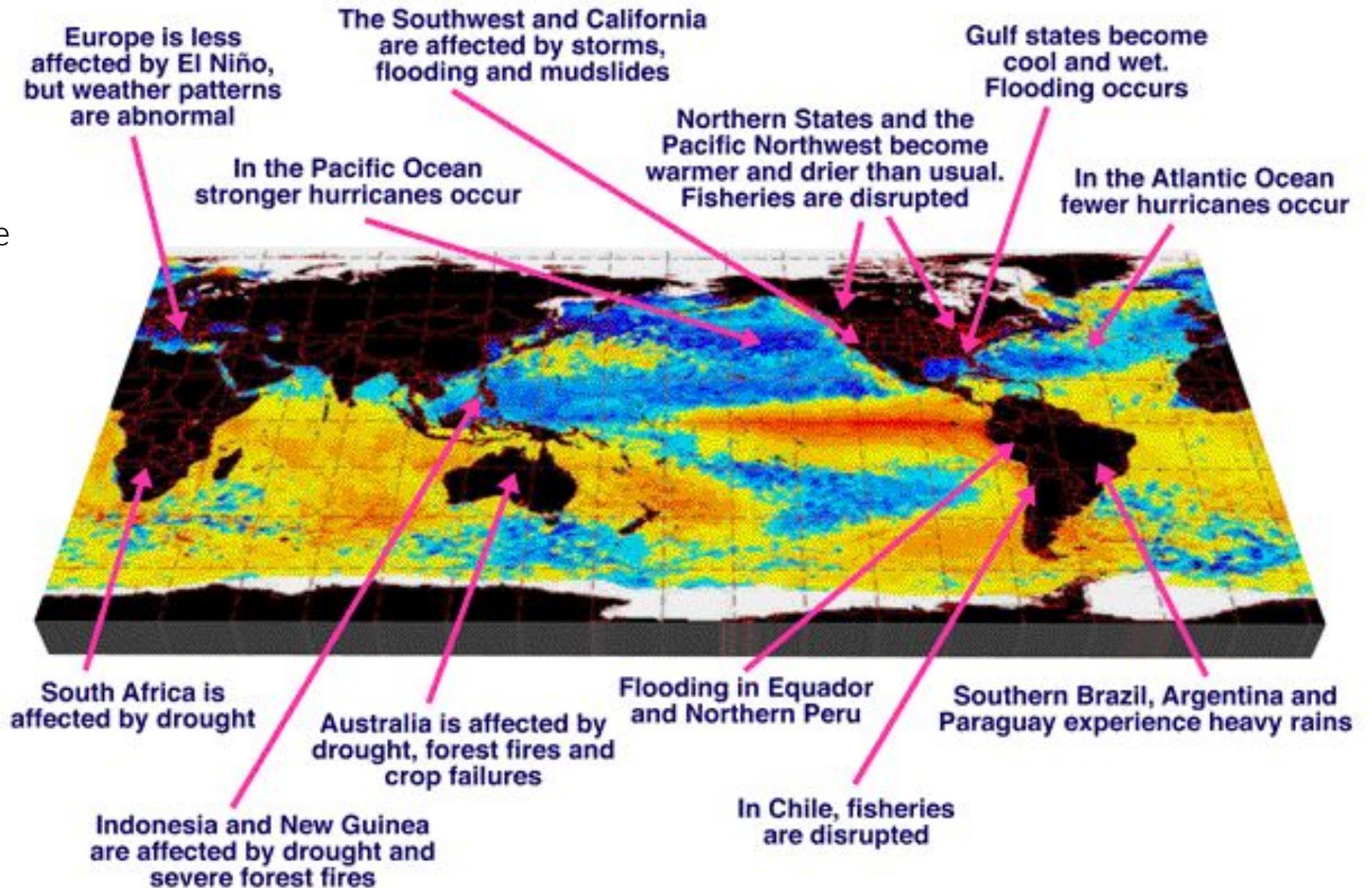
Two-Layer Model of Equatorial Heating





Simulation by Dave DeWitt (IRI, now at CPC), using a simplified model, with a wind stress forcing at the Equator and Dateline.

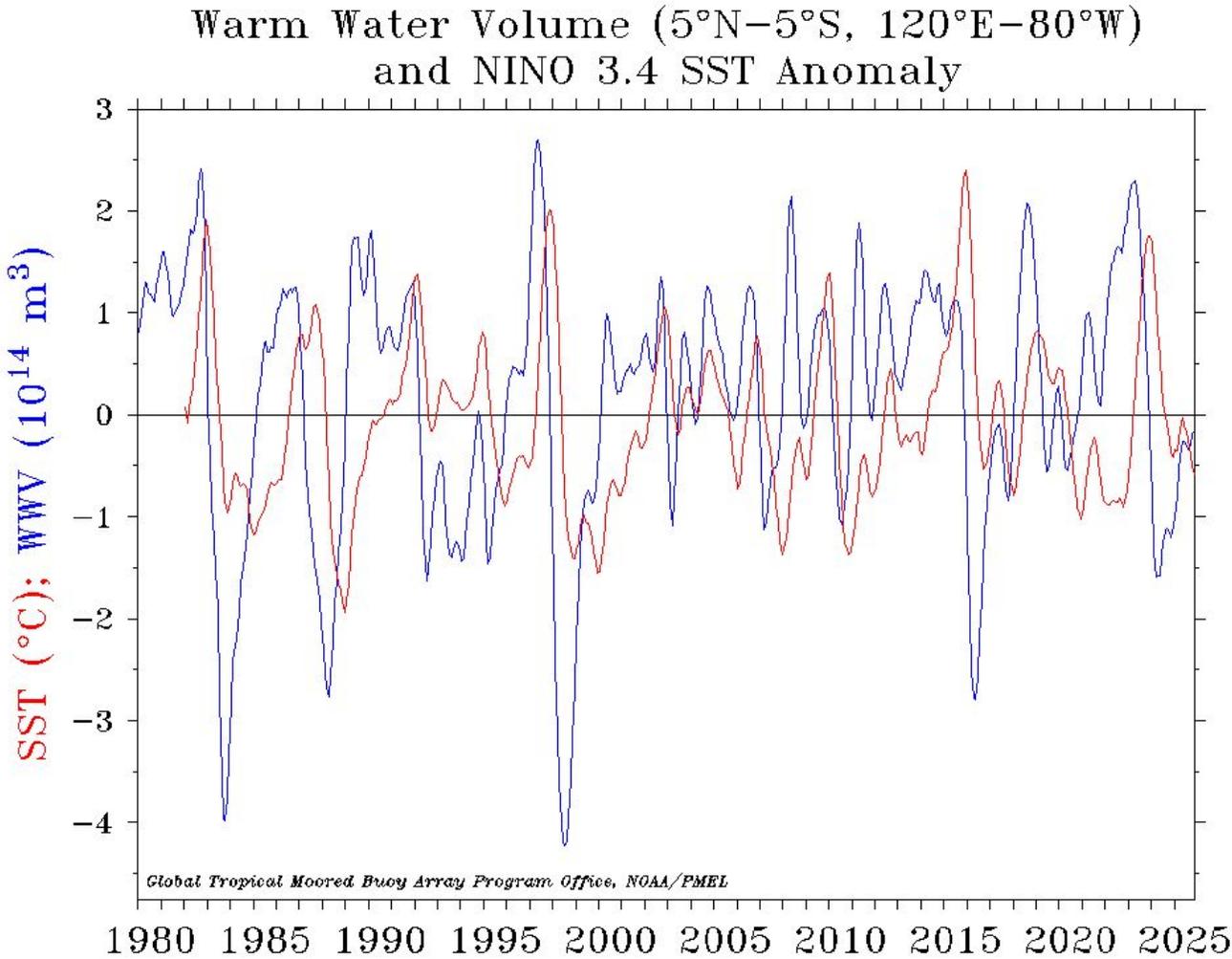
➤ Canonical El Niño impacts across the globe.



# I. Recent state of the climate

## Heat content in the upper ocean as ENSO precursor

- ENSO-related SST anomalies usually follow anomalies in warm water volume a few months later.
- **Key for predicting ENSO conditions**



# Summary of teleconnections

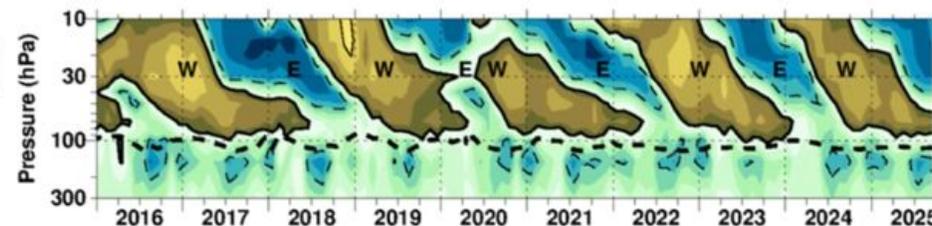
## • Positive NAO

- La Niña conditions  
→ Increases the likelihood of westerly winds in late winter
- MJO (sub-seasonal, early-mid November)

## • Negative NAO

- La Niña conditions  
→ Decreases the likelihood of westerly winds in early winter
- Quasi-biennial Oscillation (QBO) in easterly phase  
→ Increased chance of a weaker stratospheric polar vortex  
→ Increases the likelihood of sudden stratospheric warmings

## QBO Observations

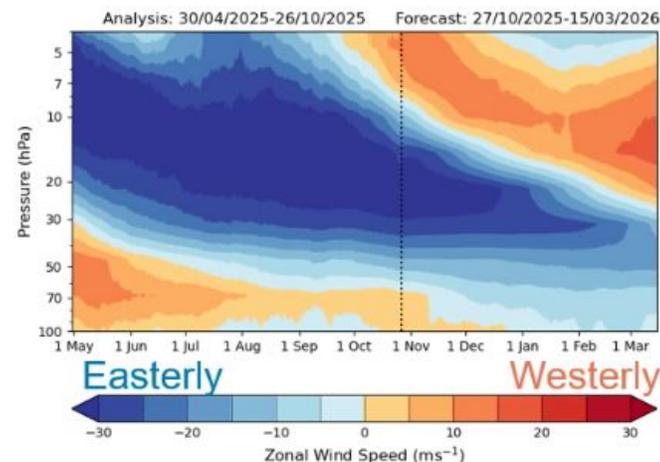


Paul A. Newman, Larry Coy, Leslie R. Lait (NASA/GSFC) Thu Oct 2 16:20:52 2025

[https://acd-ext.gsfc.nasa.gov/Data\\_services/met/qbo/qbo.html#uwind](https://acd-ext.gsfc.nasa.gov/Data_services/met/qbo/qbo.html#uwind)

## QBO Predictions

Zonal Mean Zonal Wind Speed At Equator



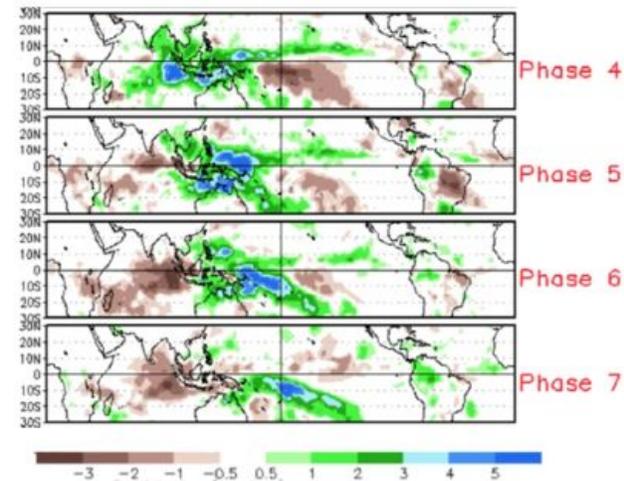
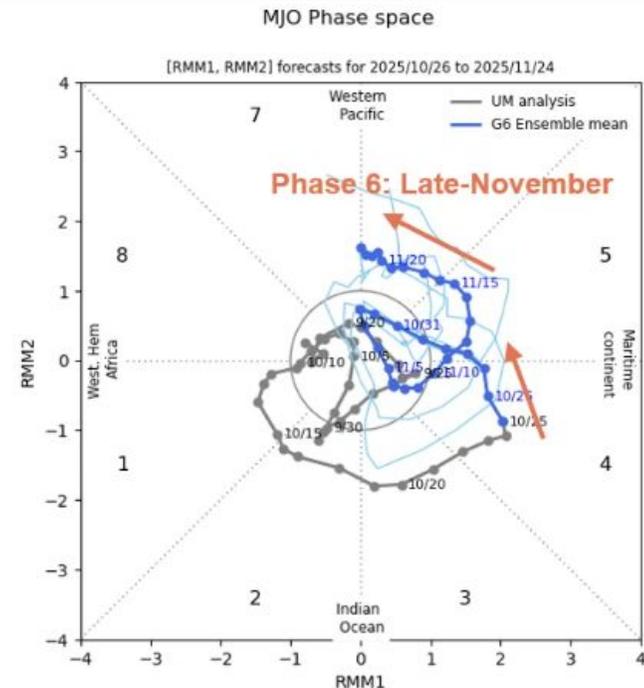
# Summary of teleconnections

## • Positive NAO

- La Niña conditions  
→ Increases the likelihood of westerly winds in late winter
- MJO (sub-seasonal, early-mid November)

## • Negative NAO

- La Niña conditions  
→ Decreases the likelihood of westerly winds in early winter
- Quasi-biennial Oscillation (QBO) in easterly phase  
→ Increased chance of a weaker stratospheric polar vortex  
→ Increases the likelihood of sudden stratospheric warmings



# Summary of teleconnections

## • Positive NAO

- La Niña conditions  
→ Increases the likelihood of westerly winds in late winter
- MJO (sub-seasonal, early-mid November)

## • Negative NAO

- La Niña conditions  
→ Decreases the likelihood of westerly winds in early winter
- Quasi-biennial Oscillation (QBO) in easterly phase  
→ Increased chance of a weaker stratospheric polar vortex  
→ Increases the likelihood of sudden stratospheric warmings

